



Mr Matt Brauer
Principal

11th March 2022

Greetings MSB Community,

Last Wednesday 2nd March marked the beginning of the Church's season of Lent. This day is also known as 'Ash Wednesday', a day rich in distinctive symbols and rituals in the Catholic tradition. As a college we celebrated this occasion through our Ash Wednesday Liturgy, which involved the sprinkling of Ashes, a symbolic gesture that God created Man from ashes, traditionally derived from Palms burnt on Palm Sunday.

The Lenten period extends for **40 days**, ending on Holy Thursday evening and has been characterised by the actions of believers in the form of prayer, fasting and almsgiving.

The theme of penitence and self-denial or 'giving up' particular foods and habits is a very vivid memory for me in my primary and secondary school years, with chocolate and tuckshop, topping the list of 'things to avoid' during Lent. More recently, this time in the life of the Church, has provided to me an invitation to prepare for the celebration of Easter and the resurrection of Jesus through self-reflection.

The church, in addition to the college Chapel, has been dressed in the colour purple for Lenten season. This is a reminder that the Lent is not about self-denial but self-renewal in how our love is expressed.

To support the Lenten mission and its underpinning values, the college has joined Project Compassion, Caritas Australia's main annual fundraising campaign.

The theme of Project Compassion 2022 is '*For All Future Generations*', where the underlying message highlights the powerful impact that each one of us can have for all future generations. Together, we can create lasting change for people living in some of the most vulnerable and low-income regions in the world. The college began the fundraising initiative with Shrove Tuesday Pancake Sale, where all proceeds have been committed to Project Compassion. Throughout the remainder of Term 1, various fundraising opportunities will be held, with many of these being driven by our students.

Through many of these selfless acts, I am reminded how blessed we are to be a part of a college community who prioritises the promotion of social justice and dignity of all.

God bless.

Matt Brauer

Principal

Mount St Bernard College



Deputy Principal Curriculum & Administration Report



Week 6 marks the start of our Learning Walks & Talks (LWT's) at the College for this year. LWT's are part of our College improvement activity and aim to foster relationships and conversations amongst staff and students to understand and develop a shared vision of high-quality teaching and learning practices.

In week 6, Mr Brauer and I had the pleasure of visiting multiple classrooms with a focus on student engagement. We found that across the College, students were highly engaged in their learning. I would like to thank both teachers and students for their continued hard work despite the difficult start we had. Looking ahead to next terms' LWTs, we will be asking students some questions to gather full understanding of their engagement. Examples of these questions are as follows:

- What are you learning? Why?
- How are you doing?
- How do you know?
- How can you improve?
- Where do you go for help?

The LWT's provide our teaching staff with opportunities to reflect on how engaging their teaching and content is to improve student engagement and outcomes.

Kieran Ryan - Deputy Principal Curriculum & Administration



Residential News



Mr Scott Whitters

Dear Parents and Friends of MSB,

Many of you already know the adage of healthy body – healthy mind. This is even more important for students who live in a residential setting like MSB. Staying active is the key to improving both academic and wellbeing goals. It is often too easy for boarders to sit in their rooms and watch movies or listen to music instead of being outdoors.

At MSB we have wonderful facilities that promote a healthy lifestyle for all students. Many students take part in the following activities each week: Gym sessions, Yoga or Pilates, Recreational Touch Football, Basketball, Netball, Volleyball, Tennis, Mountain Biking, Bushwalking and Rugby. All residential staff promote physical activity every day and encourage students to get involved in a wide variety of sports.

Often students sign up for a sport and then withdraw a few weeks later stating they feel slack. We encourage all students who sign up for sport to persevere and show commitment to their teammates and coach. Often, we must forfeit games due to students pulling out at the last minute. I ask all families to encourage your student to stick with their sporting endeavors to ensure future opportunities and partnerships for all involved with MSB.

One of our longest partnerships is with the Herberton Magpies Rugby Leagues Club. This club relies heavily on students from MSB each year and shows enormous commitment to the development of our players. We are most fortunate to have a rugby club 5 minutes down the road where our players are nurtured and care for by dedicated staff.

Yours sincerely,

Scott Whitters - Deputy Principal Residential



Residential News

We are already into the mid term, not long to go now.

Sports have started back this term, with students going to District sports as well as local sporting associations. Some of the sports the students are involved in are:

Netball, Basketball, Rugby, Touch, and Volleyball.

On Wed. 2nd March the female boarding leaders, Melinda O, Tamika, Tayiesha and Ranietta all went out for dinner with Ms Judy, Ms Joyce, Mr Whitters, Ms Leah, Mr Ryan and Mr Brauer at Nick's Restaurant in Yungaburra as an appreciation for stepping into the shoes as a leader in boarding. The girls enjoyed a variety of pizzas, pasta, garlic bread and soft drinks.

The students have had fun going to a secret local watering hole and cooling off in the river. It is lovely to see them all chatting together and spending time together.

Weekend Leave for boarders will now be considered on case by case basis. It is our continuing priority to minimise student exposure to large groups of people outside the College population. Please remember Wednesdays 5pm is the cut off time. If you wish for your child to go on weekend leave, you can apply through the REACH App if you have this already set up or your child can apply while at school through the REACH app. with our assistance. If you do not have access to the REACH App. and would like to be able to, please contact Miss Sonya at the boarding house on 07 40961504.

Sonya Frost - Residential Administration Officer



Mrs Sonya Frost



Assistant Principal - Wellbeing

Dear Parents and Carers,

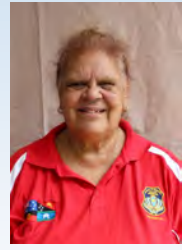
I come to Mount St Bernard College, from St Bernard's College in Essendon, Victoria. The land of the mighty Bombers. I am from regional Victoria and have worked in NSW and in recent years, Central Qld. My background in Catholic Education is in both Counselling and Teaching. I am looking forward to getting to know the MSB community and learning from one another.

Sharon Boyd - Assistant Principal Wellbeing



Ms Sharon Boyd

Wellbeing Team 2022



Top left: Heather Alison-Counsellor, Michelle Davies-Griffith-Wellbeing Officer, Andrea Gower-Transition Support Officer, Michelle Haines-RTR Coordinator, Peter Graham-Student Engagement Specialist, Lorraine Muckan-Pastoral Care Boarding, Kenny O'Brien-Indigenous Liaison Officer, Toni Stefanaras-College Nurse, Leisha Tibbs-Health Centre Administration, Kieren Waugh and Nikki Symons-Year level Coordinators.

Year 7 & 8 News

Hello,

In Year 7 and 8 we are currently designing our own class awards. The year 7 students have already decided on a criteria for each award. At the end of the week students will nominate a class mate they feel deserves this award. To make it extra special students are designing the art work for these awards themselves. I can't wait to share their design with you all.

Year 7 students have started learning about the zones of regulation in their Social & Emotional Learning lessons with Mr Graham. We have started looking at the 4 different zones and how you might be feeling when you are in each of these zones.



Mrs Kieren Waugh



I feel it is always important to acknowledge the work of our passionate staff. I would like to turn the spotlight onto one of these incredible people and give you an insight to their practices. This time will be Ms Janet Wigan

Ms Janet Wigan has established a beautiful morning prayer routine in 7B home form. Last week, I was lucky enough to be a part of this touching ritual of the class. I left the room feeling at peace and ready to start my day! Thank you Ms Janet for your commitment and dedication to mercy values at our college.

Kieren Waugh - Middle Leader Years 7 & 8

Health Centre News

FORMS REQUIRED ASAP - Year 7 and Year 10 School Immunisations

Year 7 School Immunisation for Diphtheria, Tetanus and Pertussis as well as Human Papilloma Virus and Year 10 School Immunisation for Meningococcal ACWY have been booked by the College. Please return completed consent forms to College asap. This service is provided by Qld Health.



Ms Toni Stefanaras



Water Bottles

We are continuing to see Day Students and Boarders at the Health Centre as they are dehydrated and do not have a water bottle at school. Please ensure students bring their water bottle to school. Students can fill these up outside the Dining Room and Boys' Residential House - Bernard's.

New residential students are given a new water bottle on arrival. Any student who requires a replacement may purchase from Student Reception for \$5 each.

Nurse Toni

**WATER BOTTLES FOR SALE \$5 EACH
AT STUDENT RECEPTION**

VET & Careers News

Dear students, parents, and staff. Below is a great starting point of websites available for anyone wanting more information on choosing a career. These websites are available through our school Portal and Padlet as well. Alternatively click on the links below to view.

Your Career

Produced by the National Careers Institute, this website has a huge amount of information on every job and career related topic.



Mr Adrian Baranyi

The Good Universities Guide

An amazing site that allows you to search for information on different jobs and careers, courses all over Australia and find Scholarships.

Course Seeker

Allows you to search courses all over Australia. Also allows you to compare different courses.

Job Outlook

Information about jobs and the labour market. It gives you information on everything about 100's of jobs and what the future prospects will be.

MySkills www.myskills.gov.au

Search for accredited courses at Registered Training Organisations (RTO's) across Australia like TAFE and Skills 360.

Job Jumpstart

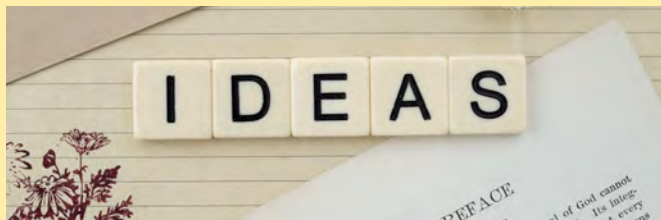
All sorts of careers and post school option information.

MyFuture <https://myfuture.edu.au/>

Lots of general career's information.

SkillsRoad <https://www.skillsroad.com.au/>

An excellent site with lots of information about jobs and careers plus various tests and quizzes to help you learn more about yourself.



Adrian Baranyi - Middle Leader VET & Careers

English and Humanities Term 1

Sarah Riber—Middle Leader English and Humanities

The start of term was a challenge for schools across Australia, but despite the difficulties we have had a positive start to English and Humanities at MSB.

Senior English and Humanities

During the first week of term, when senior students were working remotely, teachers were encouraged to see many students joining Zoom meetings, completing online assignments and keeping up to date with reading. As a result, we have been able to keep on track with assessment for Semester 1. We encourage students returning in Term 2 to keep accessing the work that teachers provide on Canvas and contact their teacher for support. We encourage parents to check the assessment calendar on the school portal for assignment due dates.

English 7-10

All students in Years 7-10 study the same National-Curriculum aligned units, with modified units and assessment for some classes, so that all students are encouraged to reach their academic potential. With NAPLAN on the horizon in Term 2, we incorporate narrative and persuasive writing units into Semester 1 Year 7 and 9 units and extensive practice in spelling, grammar and comprehension through our online programs and student workbooks. Of course, the best way to develop all these skills is reading, so it's great to see classroom libraries well stocked for the independent reading program and so many students absorbed in books.

Humanities 7-10

As we have not been able to schedule excursions for Term 1, we have changed the order of many of our Humanities units so that we can focus on classroom-based units. This means that several exciting excursions should be happening in Term 2 for Geography and History. Our current units are:

Year 7 – The Ancient World

Year 8 – Medieval Europe

Year 9 – Geographies of Interconnection

Year 10 – World War 2



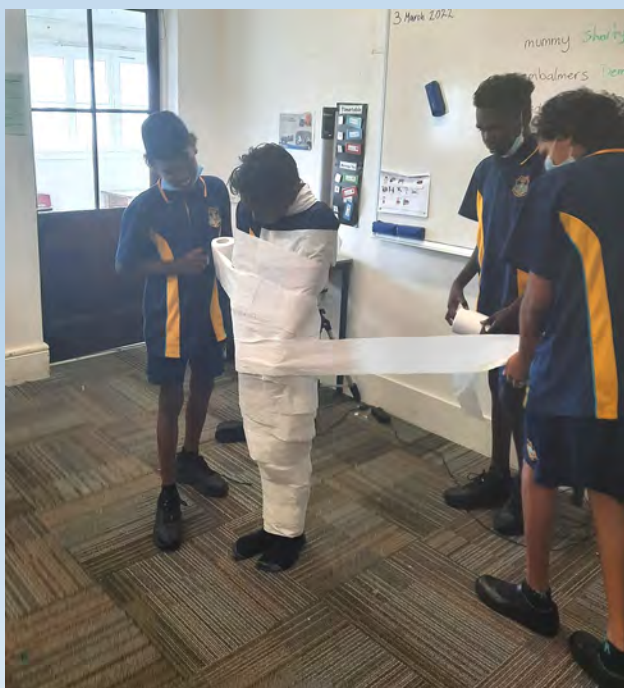
Humanities News - 7B Get Mummified

Look out! 7B have turned into Mummies! As part of their studies of Ancient Egypt this term, 7B explored how the Egyptians mummified their dead to preserve their body for the afterlife. The students especially enjoyed learning about how the organs were removed and placed in canopic jars, as well as the process of salting the body. To consolidate what we learned, Shorty Logan volunteered to be our class Mummy, so we removed his organs (just kidding!) and wrapped him up in toilet paper to resemble a Mummy. Who knew learning about history could be so much fun!



Ms Louise Kimber

Louise Kimber—7B Humanities Teacher



MSB Digital

Senior students in our faculty are working on a range of creative projects this term.



Jonomick, Alfred, Kevin and Cleon following tutorials to learn new tools in the software.

ICT students are studying Graphic Design. This unit looks at document creation, logo creation and again looks back over the foundations of Design as well as how Digital Technologies such as Desktop Publishing Software can be used to make all types of digital and print media.



Deklyn and Zane aligning images in the DTP software.

Students studied a wide range of materials to gain inspiration and insight into the world of brochures. Brochures can be useful to spread information about health, society, community and events.

Students had to choose from either creating a brochure for a holiday, event or fandom. Students are currently putting together their brochures on a range of topics; a few holiday brochures for travelling through the Torres Strait, a family beekeeping business, hunting and fishing brochures, football club brochures to name a few.



Sheldon works from plans to create good page layouts.

So far this year students have been returning in dribs and drabs I am really pleased with the commitment and maturity of the returning students.

Their ability to take up new software and concepts and eagerness to learn (as long as they are not too tired of course) means these students are able to create incredible media. Perhaps you need them to make your company a new logo or brochure?

Mr Paul Clarke, Teacher of ICT.

Mrs Saffron Belkessa-Wood,
Middle Leader of Digital Technologies and Business.

MSB Choir

Sarah Riber—choir director

The MSB choir performed for the first time this year at the Ash Wednesday liturgy. Their moving acapella performance of 'Out of Ashes' was a beautiful reflection piece for the liturgy. The choir meets every Friday lunchtime to rehearse a wide variety of songs. It's not just for liturgies – our repertoire includes well known pop songs and songs from movies. With Covid restrictions relaxing we hope to perform more often. All students are welcome to join us and have fun singing, no matter their ability level.



Choir members Dakota Dunford, Meenakshi Riber and Emmy Riber recently participated in the State Honours Ensemble (SHEP) North Queensland program. This intensive choir workshop involves dedicated young singers from all over FNQ coming together for three days of training and rehearsal with a renowned conductor from the Griffith University Conservatorium in Brisbane. It culminated in the performance of five songs for an audience who were all impressed with the professional standard and ability of the students to memorise the lyrics in three languages! The girls loved the experience of working with a top conductor and pushing themselves to learn challenging songs. Students who are experienced choral singers and interested in participating in future programs should contact Mrs Riber for details about the next program in August.



Maths and Science News

This year our junior classes have introduced a number of innovative Mathematics Programs to help deliver the curriculum in a student focused manner. The Maths Pathways program is an adaptive program which helps the student fill in any conceptual gaps. If you have students in years 7 and 8, they are using this program so you may see it being used as part of homework for your child. In years 9 and 10 the Maths Space Program is being used in a similar manner. If parents would like any information about either program please contact the teacher of your child's class.



Mr Malcolm Fahey

The junior Science program has seen many experiments being undertaken since the beginning of the year. This is a positive aspect about Science education at Mount St Bernard College as junior classes are often unable to access science laboratories in other schools. The photographs below highlight just a few of these experiments.

Malcolm Fahey - Middle Leader - Mathematics and Science



Year 9 Red Cabbage pH experiment



Year 8 Flame Test Experiment



Year 7 Simple Distillation Experiment



Year 8 Energy in Food Experiment

District Sports News

District Volleyball Trials

Congratulations to students who participated and were those chosen for the Tablelands Volleyball District Team - On Monday students attended these District trials. They all showed not only amazing sporting talents but also great sportsmanship. It is a great opportunity to see students outside of the classroom in their element and a great opportunity to build relationships. Please congratulate the following students:

- 12 - 15 boys - Billy Bourne and Pensio Gela
- 12 - 15 girls - Nancy Anson and Megan Trezise
- 16 - 19 boys - Jonomick Lui
- 16 - 19 girls - Shandrella Pilot, Tayeisha Warriar, Ranietta Mareko, Sinevah Mari
- Shadow player - Sannah Pearson

Nikki Symons - Middle Leader - Senior Years



Peninsula Rugby League Trials

Jayden Gibuma and Francis Ghee competed in the Peninsula Rugby Trials on Wednesday at Stan Williams Park, Cairns. Both boys played exceptionally well with each scoring a try and the District Tablelands team were undefeated winning 4 out of 4 games. Congratulations to Jayden who has been selected to represent in the Peninsula team at the state championships this coming May on the Gold Coast.



Ms Nikki Symons

Middle Leader
Senior Years



Art News

Media Arts in Practice

This module focuses on developing the skills to produce a design folio of advertising material promoting an upcoming event. This event will be NAIDOC Week which will be celebrated nationally from the 3rd - 10th of July and at Mount St Bernard College on NAIDOC Day. Students explore techniques and trends in the media arts that can be used to market events. They use a problem-solving approach to produce a design folio developing a brand identity for the event that captures the attention, interest and desire of the public. The theme for 2022 is 'Get Up! Stand Up! Show Up!'



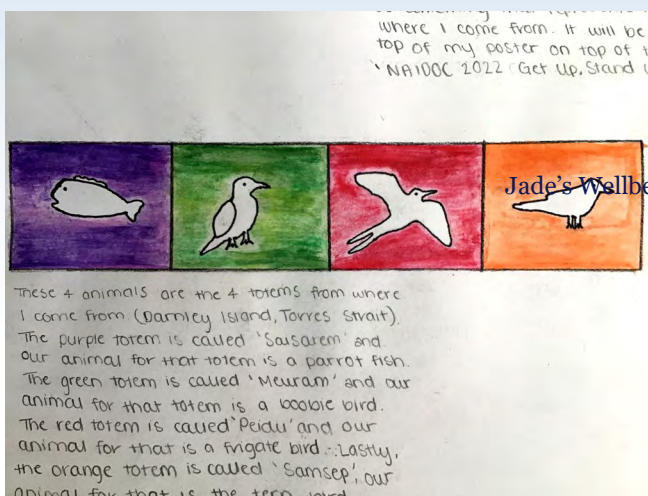
Ms Traylea Sexton

Option two is to create a Wellbeing Poster and Website for MSB. The poster will be about promoting 'Health'. It will focus on promoting strong spirit, strong minds, healthy body and making good decisions. It will serve as a reminder to our school about keeping safe, having fun and reaching for happy feeling thoughts. Year 11 students will focus on foundation skills and an introduction to graphic design.

Traylea Sexton - Middle Leader Arts & Technologies



Tae Dempsey's NAIDOC Poster



Ciara Pitt—preliminary designs Right - Jade's Wellbeing Poster



Year 9 Art - Trash to Treasure



This semester, Year 9 is studying a unit called Trash to Treasure. They are discovering the elements of art and experimenting with creating different forms of texture in their Visual Art diaries. They are also investigating the work of several artists who work with texture via different mediums and creating their own works of ephemeral art using natural materials found in the playground. With a focus on recycling, the students will create a 3D sculpture using ghost nets and other "trash" with the aim of raising awareness of the pollution of our northern seas and coast with discarded fishing nets and other waste."



Ms Rayanne Chalk

Rayanne Chalk - Year 9 Art Teacher

IMAGES : Year 9 Art, out in nature, inspired by

Andy Goldsworthy and his sculptures.





The College Parents & Friends Association is looking for Parents or Carers to join in 2022. We would welcome your ideas and involvement in the college community. To register your interest please email:

hobrien1@cns.catholic.edu.au or phone Hillary O'Brien on Ph: 4096 1485

Upcoming Events 2022

Term 1

Mon 21 - Wed 23 March - Year 7 Camp

Tues 29 March - Year 7 & 10 Immunisations

Thurs 31 March - MSB Cross Country Carnival

End of Term 1 @ 3pm

Fri 1 April - Boarders Travel Day

MSB Office closes for Easter School Holidays

EASTER LONG WEEKEND - Fri 15 April - Mon 18 April

Upcoming Events 2022

Term 2

Tues 19 April - Boarders Travel Day to School

MSB Office Re-Opens

Wed 20 April - All Classes commence Term 2

Mon 25 April - Anzac Day Public Holiday

Student Care Insurance

Has your child had an accident or injury at school or in a school related activity such as inter-school sport or a school camp? If the answer is yes you may be entitled to claim for expenses under Catholic Education's Student Care Insurance. It covers expenses such as medical costs (where the law allows), emergency transport, travel, home tuition and school fee relief.

For further information click the following link: <https://cinsurance.org.au/Insurance/Pages/Student-care-Information.aspx>

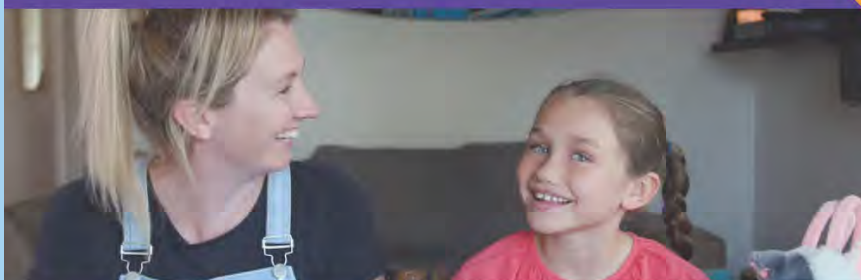


positive partnerships

Working together to support school-aged students on the autism spectrum

Free
to attend

1 Day Autism Workshop for Parents and Carers



Join other local families to learn more about autism and ways to strengthen the home-school partnership

Learn about:

- Diversity of autism
- Understanding behaviour
- Working together with your school

Location:

Mareeba Leagues Club
Corner Doyle Street & Riordan St
Mareeba QLD 4880

Morning tea and a light lunch are provided

Mareeba, Qld

Thursday 24th March 2022

8.45am—2.30pm



Interpreters available



To register, visit

positivepartnerships.com.au OR,
contact Lynda Hunt

lhunt@positivepartnerships.com.au



For help, call:

1300 881 971

The Positive Partnerships initiative is funded by the Australian Government Department of Education, Skills and Employment through the Helping Children with Autism Package and is delivered by Autism Spectrum Australia. The views expressed in this publication do not necessarily represent the views of the Australian Government or the Australian Government Department of Education, Skills and Employment.



LOOKING FOR A GREAT TEAM SPORT?

DO YOU WANT TO PLAY SOCCER?

CONTACT US AT athertonfc@gmail.com

**or on our Facebook page Atherton
Eagles Football Club**

**WE HAVE TEAMS FROM 5 YEAR OLDS
RIGHT THROUGH TO SENIOR MENS, AND
ALSO A LADIES TEAM.**

**TRAINING IS TUESDAY AND THURSDAY.
GAME DAYS ARE SATURDAYS FOR
JUNIORS AND FRIDAY NIGHTS FOR
MENS AND LADIES. COME AND CHECK IT
OUT - EVERYONE WELCOME.**

