## MSB Messenger





Mr Matt Brauer Acting Principal

#### **Principal's Report**

Greetings MSB Community,

9th August 2021

It was with great excitement that I accepted the appointment as Principal at Mount St Bernard College for the remainder of 2021. I would like to thank the staff and students for their warm welcome and support thus far and I thoroughly look forward to continuing the great work at MSB.

I am pleased to announce that start of term processes have smoothly unfolded over the past 4 weeks, with around 95% of students having returned and re-engaged in learning. I have observed a sense of renewed energy amongst our students and staff, which has resulted in a constructive start to the term.

This term we welcome a number of new students and staff into our college community, including Mr Paul Clarke (classroom teacher), Ms Kathy Crooks (classroom teacher), Mr Nathan Juhas (classroom teacher), Ms Bernadette Killin (School Officer), Mr Bradley McLaughlin (School Officer) and Ms Benita Cairns (School Officer). In our Residential Team, we also welcome, Ms Joyce Tapp, Ms Tracey Freeman, Ms Errin Mundraby, Ms Shanna Niehsner, Mr Daniel Mairu and Mr Kura Shioji.

It is with mixed emotions that we farewell two of our college staff including, Ms Serena Gallo, Kitchen Manager, who will pursue her passions in South East QLD and Ms Marina Winkler, Middle Leader Diversity, who has relocated for family reasons. We acknowledge the outstanding commitment of Serena and Marina and wish them the best in their future endeavors.

Despite some minor disruptions to college events, over the past week, we expect that term 3 will bring a variety of exciting activities and challenges for our students, from camps, expeditions and excursions to formal ceremonies and celebrations. A full list of activities are available via the college calendar. As always, we encourage our broader college community to support and participate in college events, where appropriate.

I look forward to the term to come.

#### Mr Matt Brauer - Acting Principal

#### New Staff Introductions: Teachers and Learning Support Officers

We are pleased to welcome to our MSB community three teachers and three Learning Support Officers.

My name is Paul Clarke, I am a new teacher at MSB. I was born and raised in Meanjin (The Tribal name for the land Brisbane is built on). I have worn many hats in my working life; laboratory technician, contracts manager, graphic designer, bass player in an indie rock band, to name a few. These many roles each taught me something different about myself and others that I carry into teaching. When reflecting on my life, I feel I always had a calling to teach. I was fortunate enough in my life to meet many wonderful teachers who gave me a chance, got to understand my behaviour, and helped me become the best version of myself. It is with great passion and pleasure, I aim to do the same for the students of MSB.



Mr Paul Clarke



Ms Kathy Crooks

I was born in Lithgow but have lived in lots of different places including Wagga Wagga, Darwin, Sydney, Shenzhen and Cairo.

I love to play netball and the violin, usually Irish or folk tunes and Christian worship music.

I love working with students from different backgrounds and whose English is not their first language.



Learning Support Officers Bernadette Killin, Bradley McLaughlin & Benita Cairns



#### **Deputy Principal Report**

## Subject Selections 2022

Dear Parents, Carers and Guardians of years 8, 9 and 10,

In the coming weeks, your student will be selecting their subjects to study for 2022. I would encourage you to have conversations with your students around the subjects they may chose to undertake and take into consideration their strengths, their interests and their potential career path.

Please see below the current offerings for respective year groups, please note, these are subject to change dependant on a number of variables , such as staffing and student uptake.

If you have any questions regarding this, please feel fee to contact me.

#### Mr Kieran Ryan - Deputy Principal—Curriculum and Administration

#### <u>Year 9</u>

Students can select one option per column and must not select the same course of study in semester 1 and 2 (excluding Industrial Technology and Design).

Semester 1		Semester 2	
Option 1	Option 2	Option 1	Option 2
Food and Textile Design	Visual Art	Digital Technology	Business Education
Industrial Technology and Design (Wood)	Business Education	Drama	Sport and Recreation
Digital technology	Sport and Recreation	Industrial Technology and Design (Metal)	Visual Art
Drama	Music	Food and Textile Design	Music
	Media		Media

#### <u>Year 10</u>

Students can select one option per column and must not select the same course of study in semester 1 and 2 (excluding Industrial Technology and Design and Technologies ).

<u>Semester 1</u>		<u>Semester 2</u>	
Option 1	Option 2	Option 1	Option 2
Design and Technologies -Food	Visual Art	Digital Solutions	Business Education
Industrial Technology and Design (Wood)	Business Education	Drama	Sport and Recreation
Digital Solutions	Sport and Recreation	Industrial Technology and Design (Metal)	Visual Art
Drama	Music	Design and Technologies - Textiles	Music
	Media		Media





Line 5 Line 1 Line 2 Line 3 Line 4 Line 6 **Religion & Ethics** General English Essential Physics (General) Business (General) MEM20413 Certificate II in **Engineering Pathways** (Applied) (General) **Mathematics** MSB 30410 (VET) (Applied) Study of Religion English as an General Visual Art (General) Modern History Biology (General) (General) Additional Language **Mathematics** (General) (General) (General) **Essential English** Mathematics Physical Education Chemistry (General) Drama (General) (Applied) Methods (General) (General) SIT20416 Certificate II Visual Arts in Practice Science in Practice (Applied) **Kitchen Operations** (Applied) TAFE Qld 0275 (VET) **Digital Solutions Business Studies** Drama in Practice (Applied) (General) (Applied) Music in Practice Geography (General) Design (General) (Applied) Information SIS20115 Certificate II SIT20416 Certificate II Sport and Recreation **Kitchen Operations** Communication Binnacle Training 31319 TAFE QId 0275 (VET) Technology (Applied) (VET) MEM20413 Certificate II in Industrial Technology HLT23215 Certificate II **Engineering Pathways** Skills (Applied) Health Support Services MSB 30410 (VET) CHC22015 Certificate II Community Services -Connect N Grow 40518 (VET) Legal Studies (General) Agricultural Practices (Applied) \*BSDE 10951NAT Certificate III in Aboriginal & Torres Strait **Islander Education** TAFE Qld 0275 (VET)

# **Residential News**



Mr Scott Whitters

Dear Friends and Families of MSB

Year <u>11</u>—Students can select one option per line.

Term 3 has begun well for our boarders. Most students have returned from holidays ready to learn and have immersed themselves in a variety of activities. Our TSI Dance Troupe have performed several times for other schools and have become

well known in the region. Please continue to encourage your student to engage in cultural activities and help them to maintain a sense of identity.

This term we have provided all boarders with a new water bottle. The purpose of this exercise is to ensure all boarders have access to water throughout the day. Many boarders forget to drink throughout the day and some students are wasting too much of their learning time leaving class for a drink. All boarders have been asked to take their water bottle to school every day and are able to use them after hours for sporting activities. Please encourage your student to make good use of their water bottle.

I wish to thank all those families who regularly check in with their student throughout the week and work alongside boarding staff to ensure boarding is a positive experience. This term we have appointed Mr Dave Shade as the Assistant Head of Boarding (Boys). Dave has been with us now for over seven years and is well equipped to ensure boys boarding runs smoothly and effectively.

Weekend Leave is an opportunity for students to re-connect with family and friends and have a break from the routines of boarding life. Please remember that all students on weekend leave must return on Sunday afternoon. If your student is unable to return on time, please communicate this to the appropriate dorm prior to 5pm on Sunday. Students who are consistently late back will be refused permission for weekend leave.

I hope all families are aware that you can visit your student throughout the term to provide support if required by booking into our Transition House. This house is made available to families for support visits of up to 3 days at a time. Abstudy supports this program and will assist with transport to and from the College. Please speak with Ms Brenda Talty who is our Transition Officer if you require a visit to MSB.

Scott Whitters - Deputy Principal - Head of Boarding

💠 In the MercyTradition

#### **Assistant Principal - Mission Report**





#### NAIDOC at St Teresa's Ravenshoe

On Friday 30th July a group of our students led a range of diverse and interesting activities for the students of St Teresa's School, Ravenshoe, for their NAIDOC celebrations. The day began with our Island Dance Group sharing some Island dances and song with the whole community of St Teresa's gathered together. After that, our students set-up different Indigenous activities which the St Teresa's students would experience in

small groups by rotation. These activities included: Island singing and dancing, Coconut leaf weaving, spear throwing and didgeridoo playing. In all of the activities our students led, they shared language, culture and what their culture means to them.

Supporting our students with me were Miss Brenda and Mr Kenny—my thanks go to them in a big way. But *letting their light shine* in a very special way were our MSB students who did us proud in the way they engaged the students of St Teresa's and shared so freely of their culture. These students were: Billy Bourne, Gladys Day, Jacklyn Day, Fred Escott, Caitlyn Jones-Collins, Tamara Kelly, Crystal-Lee Linnell, Lizikerah Luffman, Sinevah Mari, Rose Mene, Peterson Naawi, Sannah Pearson, Steven Petersen, Shandrella Pilot, Anita Richard, Doriah Tamu, Milliana Whap & Ramona Yellub.

14 4 3 B



Deacon Michael Lindsay



#### **MSB** going out on Rosies

It's that time again—the 1st Friday of each month—when MSB students and staff go out and serve in the Rosies outreach. Rosies is an outreach to people who might be either homeless, living on the streets, living rough, couch-surfing or for whom their home lives are quite difficult. Students in Grades 11 and 12 are invited to volunteer along with our trained staff and it is an excellent opportunity to put Mercy into practice. While on the Rosies outreach, volunteers share yarns, coffee/tea/cocoa, and food. While Rosies can connect patrons with various services to help them, the main mission of Rosies is to be a *Friend on the Streets* to anyone who needs it. It's about recognising dignity in people whom society might often forget or ignore. This is very much the heart of *Mercy*.



Last Friday, 5 of our Year 11/12 students joined Mr Fahey, Mrs Weedon and Ms Sonya (Frost). We look forward to them sharing about Rosies at our next College Liturgy on 20 August.

God bless,

Let Your Light Shine!

Deacon Michael Lindsay - Assistant Principal - Mission



🕂 In the MercyTradition

#### Assistant Principal - Well-being Report





It's time for all our students to stop and do a Cyber Health Check. In the hustle and bustle of keeping up with everyone on Mr Dan Niemerg social media it is easy to get complacent when it comes to being safe online. While technology has given us many great tools to function smarter, better and faster in the world, it also has pitfalls to be aware of. The technology is great, but it is only as good as the people who use it. Nothing is private in the cyber world. Once things are posted online they are there forever. This is why it is important to do a few things...

#### NETIQUETTE:

It is important to think while you are writing something online. Think about the audience you are writing to, use appropriate language, and make sure it is a safe place to be writing something. Remember there are real people who will be reading what you write and that they have feelings. Don't say things you wouldn't say to their face. Don't forward texts, posts or pics without permission. Make sure you double check what you write before hitting send. Ask yourself...is it worth sending. Once you post online it is permanent. Have you got good Netiquette???

#### **PASSWORD SECURITY:**

Passwords are like underpants. Change them often, keep them private and never share them with anyone. Even if you trust someone, you should never share your password. Be sure not to use passwords that are obvious about you. For example...don't use your name or birthdate. They are easy to guess.

#### PRIVACY:

If you haven't met someone in person, they are a stranger. This is true even if they sound nice or are a friend of a friend. Think about what people need to know and limit the personal details you share, and protect the ones you do share. Don't let others use your device. If something is typed on your account, it is your responsibility. You have no right to privacy if you post something online. Anything online is public.

#### Dan Niemerg - Assistant Principal - Student Wellbeing





## Work Experience Year 10



Mr Malcolm Fahey

All of Year 10 students recently undertook a week's work experience in various industries from throughout the Tablelands. All of our students enjoyed their experiences in the work place which ranged from building , mechanical services , diesel fitting , veterinary surgeon, engineering, hospitality, cleaning , nursing and secretarial work. Every student received very good feedback from their employers and most want to continue in the same career pathway after school.

Tablelands Regional Council were one of our host organisations, where students constructed and painted benches which will be erected on the school grounds.





## **Careers Padlets- Looking for an Apprenticeship or Traineeship**

A new App has been developed on the school portal so that parents can help their children look for traineeships and apprenticeships. Whenever companies advise us of their vacancies, we upload their advertisements to the Careers App so please be sure to regularly review this site.



Careers

Noticeboard

We currently have two students doing school based traineeships whereby the students go into the work force for one day a week to undertake paid employment.



Malcolm Fahey - Middle Leader Maths, Science & Careers

#### 8C Mathematics—Mrs Emily Caferra





**Mrs Emily Caferra** 

At the end of last term, 8C Maths students looked at creating financial plans and budgets in real life situations. Students were asked to design a garden that we could plant here at school. Students researched fruit and vegetables that would be the best for planting during winter. They worked together to measure out the garden bed and develop a design for their project. The students agreed as a class on the plants they needed to purchase and developed a budget based on their research.

The class went on an excursion to Atherton where we attended Bunnings Warehouse and Old Kulara Nursery. The students had to work together to locate and calculate the items according to the budget. The students used their critical thinking skills to change their plan to suit the budget as some of the researched prices and items were not accurate or available

The students spent a double lesson out in the garden putting their project into action. The students plated many fruits and vegetables for the school community.

As a final task, the students calculate possible profits they could make if they were to sell the produce at a market.

Well done 8C students!







#### 8 Business — Mr Brendan Akers



Year 8 Business have been learning about Economic and Business decision making in the Australian Retail Market. Students have developed their own business ideas and have drafted a plan for operating within the retail markets. Students who are from the Torres Strait Islands and the Yarrabah community within the class have decided to grow the retail market at home. They have thought about the needs of their community and developed their business



**Mr Brendan Akers** 

ideas to match. Some ideas include, fiberglass boat fabrication, carpentry businesses and sporting goods.

In Senior Business Studies, the year 11 class students are currently working on a social media campaign to advertise products for a business of their choosing. They are working hard to develop a hashtag and provide photos and videos to be posted on accompany social media pages like Instagram, Facebook and YouTube. The Year 12 students are developing a business plan for their own tourism business in Queensland. We are looking forward to the unique and innovative ideas that they come up with as a pitch to the Queensland Tourism Board.

#### Brendan Akers - Middle Leader Business & Information Technology

#### 7 Mathematics—Mrs Janet Wigan

Year 7C Mathematicians have enjoyed looking for shapes and lines in their environment. They have identified regular and irregular polygons; perpendicular and parallel lines; and classified angles depending on their size compared to a right angle!



#### Janet Wigan - Year 7 & 8 Co-ordinator



#### Year 7 Deadly Choices—Good Quick Tukka Program



The Good Quick Tukka Program was originally developed by the Queensland Aboriginal and Islander Health Council. Good Quick Tukka teaches Aboriginal and Torres Strait Islander peoples basic cooking skills and encourages them to pass these skills on to others. It also allows participants to explore cooking techniques and different foods, and is a great social opportunity. As a result, the program hopes to increase the number of meals being prepared at home.

This term Year 7 students participated in the *Good Quick Tukka* program run by the Mulungu Deadly Choices team. This is a cooking education program, which believes that anyone can learn how to cook something – they just have to give it a try. All of the *Good Quick Tukka* recipes can be cooked within 30 minutes, are budget friendly, healthy and include fruits or vegetables.

Last Monday the students made a delicious breakfast snack. They experimented with making flavoured yoghurt sauces and added berries and Granola.

We hope you see the results of this program in your kitchens!

Janet Wigan - Year 7 & 8 Co-ordinator



Mr Janet Wigan















#### Interschool Sport—District Athletics Carnival

MSB was proudly represented for a carnival in Atherton with 70 students competing over two days. All of the students below will be selected into the Tablelands District Athletics Team to compete later this term. Congratulation to all our students for their efforts and participation in this regional carnival.

100m	12yo boys: 1st Reem Sam	15yo boys: 1st Jayden Gibuma 3rd Limferd Lui	18-19yo boys: 1st Alfred Passi
200m	14yo boys: 1st Philip Dau	15yo boys: 1st Jayden Gibuma 3rd Limferd Lui	
400m	15yo boys: 1st Jayden Gibuma	16yo boys: 3rd Francis Gela	18-19yo boys: 1st Alfred Passi
800m	12yo girls: 3rd Athena Cecchi	15yo boys: 2nd Jayden Gibuma	
1500m	12yo girls: 4th Athena Cecchi		
SHOTPUT	15yo girls: 4th Tae Dempsey	17yo girls: 3rd Melinda Obah	17yo boys: 2nd Jonomick Lui
DISCUS	16yo boys: 4th Jimmy Billy		
TRIPLE JUMP	13yo girls: 2nd Megan Trezise		
LONG JUMP	15yo boys: 1st Alfred Mosby	17yo boys: 1st Jonomick Lui	18-19yo boys: 1st Quentin Shortjoe
HIGH JUMP	15yo girls: 2nd Tae Dempsey		

#### DISTRICT AGE CHAMPIONS

15yo boys: 1st	Jayden Gibuma	
18-19yo boys: 1st	Alfred Passi	N

Mr Ryan Mawdsley



Ryan Mawdsley - Middle Leader - HPE









#### Health Centre Report

#### Healthy, happy teeth!

Your teeth are important in so many ways. Strong, healthy teeth help you chew the right food to help you grow strong and healthy. They help you speak clearly. And yes, they help you look your best.

If you don't take care of your teeth, cavities and unhealthy gums will make your mouth very sore and make your breathe very smelly. Eating meals will be difficult to do, and you won't feel like smiling so much.

There are a few simple things you can do to help keep your teeth healthy:

- \* Brush at least twice a day after breakfast and before bedtime
- \* Brush all of your teeth, not just the front ones
- Spend at least 2 minutes brushing your teeth each time
- \* Be sure your toothbrush has soft bristles and that you change your toothbrush every 3 months

It's not just brushing and flossing that keep your teeth healthy, you also need to be careful about what you eat and drink. Eat lots of fruits and vegetables instead of sugary food and drink water instead of soft drinks.

And don't forget to smile! Nurse Stef

Let Your Light Shine!



UNIFORM SHOP NEWS



Winter Uniforms in stock Tracksuit pants \$25 each MSB Jacket \$40 MSB Fleece Jacket \$40 To purchase please contact Julie Titlow at Student Reception on Ph: 4096 1445 or Em: jtitlow@cns.catholic.edu.au <u>COMING SOON</u> MSB Beanies \$10 each





Ms Stef Heneberv





Mount St Bernard College NAIDOC DAY Heal Country!

> Wednesday September 15th

Times to be advised

Bus transport available from Cairns, contact Hillary O'Brien

07 40 961485 or msb.office@cns.catholic.edu.au

Artwork by Tahnee Stewart, Kaylisha Mamarika and Tae Dempsey

#### Year 11 & 12 Co-ordinator Report — Senior News

Year 11 and 12 students have been attending study sessions on Wednesdays after school in great numbers as they prepare for their assessment tasks in Term 3. The Year 12s in particular have been preparing for their final assessment tasks and getting ready for their Formal by attending dance classes run by the very talented Kylie Akers.

It hasn't all been serious business though. Year 12s have been collaborating to develop plans for their celebrations in Term 4 too.

It has been wonderful to see both Year 11 and 12 students taking such a dedicated approach to their studies.

I wish them all the best this term!

#### Jade Briscoe—Year 11 & 12 Coordinator









💠 In the MercyTradition





Ms Jade Briscoe



#### SEVILLE MERCY CONFERENCE CENTRE PRESENTS

# WOMEN'S BREAKFAST

With guest speaker Alison Fitzsimmons

14 AUGUST 2021 8AM - 9.30AM COST: \$40

#### TOPIC:

HOW TO INSPIRE YOUNG CHILDREN TO FALL IN LOVE WITH NATURE AND BOOKS

"Let me do more than just support you as a busy parent. Let me guide, inspire and nourish you as your child's first teacher. All parents want to make a difference in their child's life." Alison Fitzsimmons







## EARLY CHILDHOOD: NATURE AND BOOKS

### WITH ALISON FITZSIMMONS

Are you involved with children as a parent, carer, grandparent, teacher or family friend? Are you passionate about the development and wellbeing of children?

Then breakfast with Alison Fitzsimmons is the right place for you to be. Alison is guiding a very special kind of individual: whether it be a carer, parent or grandparent - it's the kind of individual who wants to make a real difference in the life of a young child and to the life of our blue and green planet.

Be inspired to help young children fall in love with reading and their natural environment and experience a full and productive childhood.

#### Alison's Biography:

Alison believes her unique early experiences and her deep connection to the rainforest and the sea were wired into her DNA as an inheritance passed down in her family, from one generation to the next. It's an inheritance that tells a story of the relationship of life, identity, family, community, culture and the love of the natural world.

Alison inspires parents and grandparents to consider passing onto their children an inheritance, one that is rich in many experiences with their natural environment and with the natural treasures found on our beautiful planet.

Alison is an early years educator, artist and writer. Check out her story and meet her team at babybearschair.com.au



TO REGISTER PLEASE GO TO: SEVILLE WOMEN'S BREAKFAST - 14 AUGUST



The College Parents & Friends Association is looking for Parents or Carers to join in 2021. We would welcome your ideas and involvement in the college community. To register your interest please email: <u>hobrien1@cns.catholic.edu.au</u> or phone Hillary O'Brien on Ph: 4096 1485

#### Upcoming Events 2021

Tue 17—Fri 20 August— Year 9 Expedition Davies Creek & Emerald Creek Thu 26 August—Year 10 BLA Careers Expo Thu 26 August—Year 11 RYDA Driving Education Program Fri 3 September—QCAA Secondary Verification—Student Free Day Tue 7 September—MSB Subject Expo Sat 11 September—Year 12 Formal Wed 15 September—NAIDOC Day Thu 16 September—End of Term 3 Fri 17 September—Boarder Travel Day Fri 17 September—Mon 4 October—School Holidays Tue 5 October—Boarder Travel Day Wed 6 October—Day 1 Term 4



## PARENT ENGAGEMENT DAY CAIRNS | SAT 4 SEPT | 12.30PM-6.00PM

Our Lady Help of Christians School, Earlville

#### **KEY SPEAKERS**

Andrew Fuller, Psychologist, discussing 3 topics: Behaviour, Mental health and Motivation

Chris Borrell, The Fathering Project

Bernadette Kay, Catholic School Parents Queensland talking with 5 schools about their best practice in Parent Engagement

All Catholic School Parents, Principals & School Staff welcome. A free event to support our children's learning and wellbeing.

#### Topics for all ages Prep to Yr 12

Click on the link below for more details and to register https://www.cvent.com/d/nmqqsk





Cairns Diocesan News Mid Year 2021 Edition is now available for families. Select the link to view online flip book

https://online.fliphtml5.com/xgvmy/kffy/#p=1\_



#### Well Women's Clinics

(These clinics are available to Medicare eligible clients)

Service includes Cervical Screening Tests (Pap Smears), Sexual Health Screening, Breast Awareness, also info on Contraception, Continence, Menopause, Lifestyle Issues, Bowel Health, Domestic Violence, etc.

All services are provided by a specially trained Women's Health Nurse.

Malanda Health Centre

Wednesday 18<sup>th</sup> August Ph: 4096 5339

💠 In the MercyTradition