



Mr Ian Margetts
Principal

4th June 2021

Principal's Report

This week we acknowledge Reconciliation Week. We know that *'Reconciliation is a journey for all Australians – as individuals, families, communities, organization's and importantly as a nation. At the heart of this journey are relationships between the broader Australian community and Aboriginal and Torres Strait Islander peoples'* (<https://www.reconciliation.org.au/national-reconciliation-week/>).

I am very proud of the fact the Mount St Bernard College is the most diverse but also the most accepting and inclusive communities that I have ever worked in. I believe this is due to a clear focus on strong, positive relationships. At the heart of the relationships at Mount St Bernard College is restorative practices as well as the expectation of all our community to be 'Safe, Respectful & Responsible'.

Restorative practice is a strategy that seeks to repair relationships that have been damaged. Relationships can be damaged through, teasing, 'carry yarn', and other non-inclusive actions. It brings about a sense of remorse and restorative action on the part of the offender and

forgiveness by the victim. So, it is not just about giving out a consequence to the offender, but more about repairing the relationship.

Events like Reconciliation Week and our MSB NAIDOC day are also restorative actions that celebrate diversity but at the same time promote inclusivity.

This weekend we have several students who will share their culture through the 'Unity Through Music' event in Atherton this week.



As mentioned in the last newsletter we have been undertaking a recruitment process for a new Deputy Principal to replace Mr Matt Brauer. It is my pleasure to announce that Mr Kieran Ryan has been appointed to the position of Deputy Principal – Curriculum and Administration.

Kieran is an existing staff member and has shown excellent knowledge and skills in his role as Professional Learning Community Coordinator through which he has organised and promoted a variety strategic priorities. Kieran also has excellent organizational skills which will be of most benefit to the Administration aspects of the role. Kieran is keen to learn and has an exceptionally positive approach to new challenges. The appointment was full endorsed by the interview panel consisting of Fr Matthew Kochuveetil - Parish Priest, Dr Andrea O'Brien – Director School Effectiveness (P-12 & Secondary), Mrs Nichola Smy – Parent Representative and myself. We congratulate Kieran on attaining this position and know he will strive hard to support students and staff alike.

Prior to the recruitment process and in consultation with Catholic Education Services Cairns, we discerned that the Assistant Principal – Boarding role carried a significant amount of responsibility for student welfare and safety as well as significant organisational, administrative and wellbeing responsibilities. For this reason, Scott Whitters' role of Assistant Principal – Head of Boarding has changed to Deputy Principal – Head of Boarding.

Consequently, the Senior Leadership Structure from this point forward will be;

- Principal	Mr Ian Margetts
- Deputy Principal - Curriculum & Administration	Mr Kieran Ryan
- Deputy Principal - Head of Boarding	Mr Scott Whitters
- Assistant Principal - Mission	Dcn Michael Lindsay
- Assistant Principal - Wellbeing	Mr Dan Niemerg
- Office Manager	Ms Hillary O'Brien
- Business Manger	Mr Warren Thomson

As always, please don't hesitate to be in contact.



Mr Ian Margetts - Principal



**Catholic
Education Services**
Diocese of Cairns
Learning with Faith and Vision

130 Lake Street | PO Box 5296, Cairns Q 4870
Tel: (07) 4050 9700 | Fax: (07) 4051 2859
office@cns.catholic.edu.au
www.cns.catholic.edu.au

2 June 2021

Dear Staff, Parents and Students of Mount St Bernard College, Herberton

We are pleased to announce the appointment of Mr Kieran Ryan to the position of Deputy Principal – Curriculum & Administration at Mount St Bernard College. Mr Ryan will take up his appointment immediately.

Currently, Mr Ryan is a teacher and Professional Learning Community Coordinator at Mount St Bernard College, where he has been on staff since 2020. Mr Ryan's knowledge of the College, his relationships with students and his excellent organizational skills will continue to be of great benefit to the College community.

Mr Ryan's qualifications include a Post Graduate Certificate in Education and Bachelor of Arts Degree in Physical Education and Sport.

The interview panel consisted of Fr Matthew Kochuveetil - Parish Priest, Mr Ian Margetts - Principal, Dr Andrea O'Brien – Director School Effectiveness (P-12 & Secondary) and Mrs Nichola Smy – Parent Representative. We thank the panel members for their commitment to this important process.

Please join us in congratulating Mr Ryan on his appointment.

Yours sincerely

MR BILL DIXON
Executive Director



Residential News



Mr Scott Whitters

Dear Parents and Friends of MSB

I am pleased to inform you that term two has seen a great deal of growth and maturity with our boarders. All boarders are abiding by our strict phone regulations and handing in their laptops before bed each night. I wish to thank all families who have supported our efforts to ensure that boarders get uninterrupted sleep each night.

Our focus in boarding for term two has been on tidy rooms and a tidy environment. Many students have improved the level of cleanliness in their rooms, and some are even learning to fold their clothes. Please encourage your student to keep their bedroom tidy and praise them for their efforts. Students who do not complete their chores or maintain a tidy space in boarding are placed on community service or grounded to dorm over the weekend.

This term has seen a focus on sharing culture, in particular song and dance. Many students have taken the opportunity to practice music or dance in the evenings after study. We currently have four dance groups who are preparing to perform at several regional events over the coming months. These students will also perform later in the year at our annual NAIDOC day celebrations. Please encourage your student to participate in these activities which are essential to maintaining their cultural identity and sharing their story with others.

We are just starting to see several senior students suffering from stress and anxiety due to the increasing demands of deadlines and exams. It is essential that all senior students devote extra time to their studies. Normal study time in boarding is not sufficient for senior students to complete all their assignments. We have numerous quiet spaces at MSB for senior students to set up and work on their studies, they just need to show self-discipline and spend more time on study instead of recreation. Teachers regularly offer their time outside of school hours to support senior students to complete their tasks. All senior students should be taking up this offer.

Finally, please take the time over the coming weeks to make regular contact with your student and praise them for their resilience, respect for staff and commitment to their studies.

Kind regards,

Scott Whitters - Deputy Principal - Head of Boarding

Mulungu Kids Social Basketball Organisation

This term has seen MSB form a relationship with the Mulungu Kids Social Basketball Organisation.. The first event was held in Mareeba with MSB bussing 20 students to the Mareeba PCYC. The afternoons begin with training and skill development before proceeding to age appropriate games. Last week saw Mareeba students visit MSB along with their families. It was a wonderful afternoon with fun and laughter. All students and staff enjoyed socialising with the Mareeba teams and their families. We look forward to continuing this relationship as we pursue improved health and fitness.



Mulungu Kids Social Basketball Organisation



Assistant Principal - Mission Report



Celebration—200 Years of Catholic Education in Australia

On Monday 24th May, representatives from all the Catholic schools and colleges across the Diocese of Cairns gathered at St. Monica’s Cathedral in Cairns to celebrate 200 years of Catholic Education in Australia. This year, all dioceses around Australia, together with their school communities, celebrate this significant milestone for both the Catholic Church and the broader Australian community. For our diocese, this main celebration began with Mass at the Cathedral followed by light refreshments and fellowship afterwards.



Deacon Michael Lindsay

Representing Mount St Bernard College were our College and Boarding Captains (Jessica Claus, Stacey Edwards, Denison Hilla, Bryce Whap and Daliah Pearson) together with Mr. Tim Jackson (College Board) and myself. During the Mass, Jessica read the first reading from Scripture.

For us at MSB, this year celebrates two significant milestones: our own college’s centenary (100 years) and the bicentenary (200 years) of Catholic Education in Australia. May we at MSB be inspired to continue to let our light shine into the future even more brightly than ever.

Deacon Michael Lindsay - Assistant Principal - Mission

Labyrinth walking is an ancient practice used by many different faiths for spiritual centring, contemplation, and prayer.

Entering the serpentine path of a labyrinth, you walk slowly while quieting your mind and focusing on a spiritual question or prayer. There are no tricks to it and no dead ends. Unlike a maze, where you lose your way, the labyrinth is a spiritual tool that can help you find your way.

Mount St Bernard College is installing a **Labyrinth** as part of the **Centenary Celebrations** and (8) of our staff ventured onto the labyrinth at **Siloam**, Atherton, towards the middle of May. Each of us experienced the deep space that is our very soul and, sought to understand ourselves better.

by Julia Cazita-Mazeaud



ROSIES - FRIENDS ON THE STREET

As part of our Mercy and Charism aims, a number of staff from MSB, accompanied by (3) students, Melinda, Marnie and Tanisha, volunteered their time and energy to supporting the Rosie’s Foundation, in the streets of Mareeba. Recognising the high rates of poverty and homelessness in Northern Queensland, the Cairns branch of Rosie’s was established in 1992 to address this need. Since then, the volunteers have worked tirelessly to provide excellent outreach services four times a week, to those in need in the community.

The Mareeba branch has been doing street outreach since 2011, offering support mostly to disadvantaged children in the community. Rosie’s outreach in Mareeba aims to provide a safe space for the children to hang out and chat with volunteers.

A special thanks to those who donated meals.

by Julia Cazita-Mazeaud





Assistant Principal - Well-being Report

This week our Positive Behaviour Support (PBS) topic was about being an UPSTANDER. Students were taught about the difference between being and Upstander or being a Bystander. We want all students at MSB to be part of the solution instead of part of the problem with society. There are many people who want to watch a drama unfold in front of them. It's interesting and people want to know what happens, not really thinking about the people involved in the drama or how it will affect them. At MSB, we want our students to be Upstanders instead of Bystanders when things go wrong. A good Upstander doesn't join in when a student is being bullied. Instead, they choose to support the victim by showing concern and kindness. They reach out to someone struggling and in need of help and support. A good Upstander gets other students to join in and support a victim as well as stand up to the bully. A good Upstander at MSB alerts a trusted adult to assist in difficult situations.

We want students at MSB to know that they have come to a school that is safe and that everyone that goes here knows it is a safe place. Students should know there is no need to be afraid to do the right thing and seek help if a situation is more than they know they can handle. Just standing around and watching doesn't help anyone and doesn't make a school feel safe.

Dan Niemerg - Assistant Principal - Student Wellbeing



I Count

1. I will not bully others.
2. I will walk away if someone is mean to me.
3. I will not join in if someone is being mean.
4. I will be a friend to someone who is picked on.
5. I will include others.
6. I will help the person being bullied by saying: "Please stop."
7. I will tell a teacher or other adult.

I will make a difference!

ALL PROCEEDS DONATED TO ROSIE'S - FRIENDS ON THE STREET



MSB STUDENTS Disco Mercy Hall

JUNE 11 7 - 9 PM

ENTRY GOLD COIN DONATION



FOOD & DRINKS ON SALE

Maths & Science Report

This term has proven to be fruitful in Maths and Science with our Senior Science classes all modifying experiments to explore a topic of their choice. In Biology , one group of students chose to explore the many uses of Algae. With experiments ranging from finding ways to increase the productivity of seaweed as a food source and another student exploring the growth of algae as a source of Omega 3 oil.. Each of these experiments had to be written up as an experimental report with justifications of any conclusions the students make. This real world activity is enjoyed by the great majority of our students.

In the junior space our year 9 students have been dissecting pig plucks and eyes and our year 10 students have been investigating motion.

A new initiative for our Maths And Science students is the introduction of the Indigenous Female SSTEMAcademy. This federally funded program tracks young Indigenous females as they progress from school to the workforce and encourages them to stay in the Science Technology Engineering and Mathematics space. We have 4 year 12 students on the program at the moment with 3 or 4 more joining from year 10 in the coming weeks.



Mr Malcolm Fahey

Malcolm Fahey - Middle Leader - Maths & Science



Year 12 Essential Maths Report



**Ms Bereniece
Cumming**

Week 4 was Pythagoras and Week 5 was Analysing Data by calculating the mean, median, mode and range. Look at us in full learning *mode* (excuse the pun). All students have experienced success and presented some well-organised bookwork that is perfect for revision.

Year 12 worked independently in small groups to manipulate data sets and construct Stem and Leaf Graphs. It makes me so very proud to see a class so involved with their learning. Tina was our 'Success Monitor' and identified that we achieved everything we intended to do.

Bryce – smashing Pythagoras and identifying errors.

Fred – manipulating data in to ascending and descending order.

Tanisha – ensuring learning is highlighted so she can go back over it as revision and use problem solving strategies.

Anita – creating a perfect Stem and Leaf Graph, complete with a key .

April – always careful to follow a process.

Jakayda – answering questions and staying focussed with new learning.

Shennelle – working hard and asking questions.

Annatania – working collaboratively and asking questions.

Heidi – always being a great supportive peer and assisting others.

Zoe – taking ownership of her learning and making connections to real life.

Gideon – working independently but always asking for help when he needs clarification.

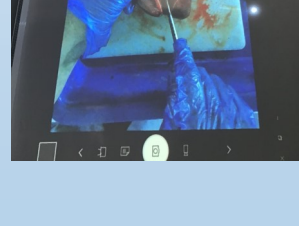
Tahnee – the quiet successful achiever.

Tijuana - always working hard with Miss Kerry and solving problems with money and time.

Kaylisha— always keen to catch up on anything she has missed. What a dedicated learner! Well done!



Year 9 Science Report



Class of 9A does SCIENCE - Body Systems -

Thoracic Cavity Dissection & Heart Rate Investigations

Ms Cazita says a little prayer before each science class in the hope that her students will remember what she taught them, but more so, before the dissection of an animal that has given their body to science in order that children learn.

This term, students of Year 9A were given the task of learning about parts of the **Thoracic cavity**, which houses most notably, the LUNGS, TRACHEA, BRONCHIAL TUBES, AND HEART.

Their teacher had visited hospital days before, and was told that this was quite advanced content for year nine students, and doctors remembered covering the same topic at university.

However, this plucky team of young scientists and doctors projected the dissection onto a screen for better observation, and attempted to inflate the lungs, felt the popping of the alveoli, measured the length of the tongue; then located and drew the important organs, vessels and significant conduits that support breathing and heartbeat.

As part of their course, this term the students have all but mastered a new learning tool called **education perfect** in which the processes of life and living are investigated further.

If you're asking what their homework is, it is to complete the study on Body Systems in Ed Perfect; **Special mention** to Mr Toohey who helped with all things medical and even took on the dissection of the heart valves.



Ms Julia Cazita-
Mazeaud

Racing up mountains and raging up stairwells, Year Nine students, as part of their body systems unit, have challenged each other, and themselves, to record their heart rates **at rest** and when **at high speed** which, they seem to be a lot of the time, as any parent will tell you.

A few students took on the role of "doctor".

The Globisens labdisc is extremely useful in monitoring humidity and pressure, amongst other recordings and so, we put the monitor onto our ears or index finger and recorded some very remarkable students, with some very fascinating results.

Immediately after this investigation, we entered the data into excel sheets and began to dissect the facts from the fiction, using Excel's lovely graphing facility.

Next, we will surmise why the differences or lack of ?? between resting heart rate and at speed..

Logo image attributed - https://en.wikipedia.org/wiki/List_of_African-American_inventors_and_scientists



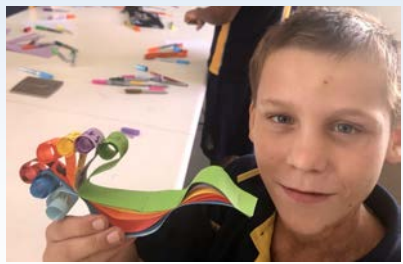
Year 7 & 8 Co-ordinator Report

Pentecost Doves

Year 7B enjoyed making paper doves to give out at the Pentecost liturgy. After carefully stapling the paper in 3 places to form the dove, they wrote one of the 7 Gifts of the Holy Spirit on each of the tail feathers: Wisdom, Understanding, Right Judgement, Courage, Knowledge, Reverence and Wonder & Awe. Lastly the ends were curled around a pencil to make the doves look fancy!



Mrs Janet Wigan



Geography Excursion

Year 7 Geography classes visited Herberton to assess its liveability. They recorded the environmental quality, education and health facilities, access to shops and services, and recreational and cultural activities available in Herberton. Year 7 are learning how to identify and measure the social, economic and environmental factors that make a place liveable.

Janet Wigan - Year 7 & Co-ordinator



Career Education Report

At this time each year we ask our year 10 students to consider what steps they need to take as they move towards year 12 and the workforce. Many students will say they do not know what they want to do after year 12 so it is often difficult to guide them as they select subjects for year 11 and 12.

Some useful steps which can be taken to assist students to make informed decisions include having them complete:

- ⇒ work questionnaires which identify whether they like being inside or outside and so on
- ⇒ a list of subjects they like (generally students do better in subjects they like)
- ⇒ discussions with their current teachers of English and Maths to determine what options they should take in these areas in year 11
- ⇒ discussions about certificate courses offered by our college
- ⇒ Interviews with the Middle Leader Careers, Transition Support Officer, Middle Leader Diversity or the year 11 and 12 Middle Leader Pastoral Care.

Importantly, each student will have three opportunities to discuss the subject options offered by our college before they begin year 11. It is possible to change subjects during year 11 however this is used as a last resort as it is often difficult for students to “catch up “ on the subject matter they have missed.

If you have any questions about this process or would like further involvement in this process with your child please don’t hesitate to contact me.

Malcolm Fahey - Middle Leader Careers



Mr Malcolm Fahey



Certificate III in Aboriginal and Torres Strait Islander Education (TAFE Qld 0275) 10951NAT

This month, three students from Mount St Bernard College were adopted by the Ravenshoe State School in their quest to become Teachers, or at the very minimum, Teacher aides. They are embarking on a two year long, Certificate III in Aboriginal and Torres Strait Islander Education through TAFE North, and supported by RATEP, a program that has been running for over 30 years. Two years ago, four MSB students completed their studies in this subject, and have gone on to work in local schools.

In May, Ranietta Mareko was assigned to a class with Roxy Bafico. Naomi Cross, and her boisterous Year 4s have been keeping Matraima Fuid on her toes, and Jacqui Reyno has welcomed Jacklyn Day into her “very cute” class of year 2 students. The girls supervise breakout reading groups and help the teachers, in class. Their small charges miss them dramatically, when they are not there. Jacklyn was even writing on the board for her teacher, last week, as Ms Reyno had injured her arm.

May and Jacklyn have also contributed to the running of Mount St Bernard College by helping larger junior classes and checking on the behaviour of Juniors within the Responsible Thinking Room (RTR) and Chapel. The skills learnt in this subject are applicable to a number of other professions, providing a variety of competencies, including the building of digital documents and understanding indigenous protocols. RATEP supervisor, Trudy Schieb, has been impressed with our student’s commitment and believes the course has given many of her students more confidence in choosing what they do after school.



Ms Julia Cazita-Mazeaud



Trudy Schieb, Jacklyn Day, Jacqueline Reyno



Ranietta Mareko, Roxanne Bafico



Naomi Cross, May Fuid, Trudy Schieb

ENROL NOW FOR 2022!



Places filling fast for next year...

- ❖ For a tour or more info - (07) 40961444 or email msb.enrolments@cns.catholic.edu.au
- ❖ To enrol visit <http://msb.qld.edu.au/documents/enrolment.html> or ring (07) 40961444

Limited vacancy for 2021

- ❖ Year 7 – waiting list*
- ❖ Year 8 – limited vacancy
- ❖ Year 9 – waiting list*
- ❖ Year 10 – limited vacancy
- ❖ Year 11 – limited vacancy
- ❖ Year 12 – waiting list*

* Where a waitlist exists, families should still apply and if accepted we will advise as soon as a position becomes available

Learning in the Mercy tradition with emphasis on:

- **Community** – living and giving gracious hospitality in the spirit of family,
- **Mercy** – acting justly with a compassionate heart,
- **Respect** – valuing self, others, environment, and the purpose of school,
- **Excellence** – striving towards personal best, and
- **Wisdom** – gaining life enhancing knowledge and skills.

Small class sizes supporting personalized learning

Modern boarding, classroom & trade training facilities

University (ATAR), TAFE, Training and Work pathways



Years 11 & 12 Geography Report

The Year 11 and 12 Geography students recently took part in a fieldwork excursion as part of their syllabus assessment for Term 2.

This involved collecting water samples at four specific sites along the Barron river, focusing on the sustainability and liveability of the water quality.

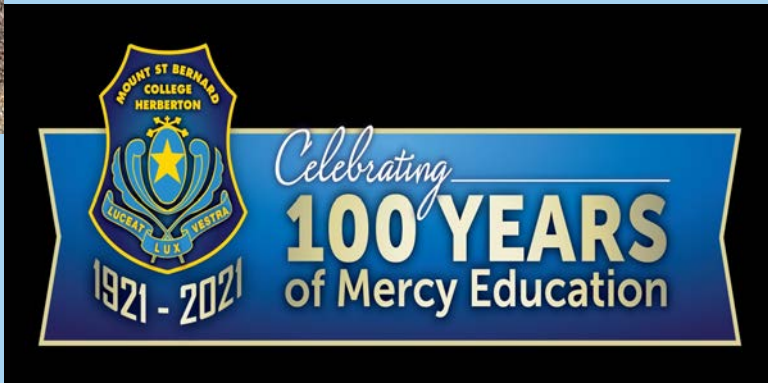
The students did a great job in analysing the water samples, being very proactive on the day and excellent ambassadors for the school.



Mr Marcello Cecchi

A big thank you to Angela Lunny for her scientific skills in the professional analysis of the water samples and help in facilitating the excursion.

The main findings that the class learnt was that the water quality in the Barron river is of good standard, overall, with limited fertilizer / pesticide run off from the farms and other industries in the surrounding areas. However, there was a higher than normal amount of nitrate and phosphate levels in the water, highlighting the fact that the waterways are not in pristine condition and some harmful chemical run off is finding its way into the Barron river.



Years 7 - 10 Food Technology & Design Report

It has been another fantastic few weeks in the hospitality kitchen where the students are really starting to understand that the art of cooking basic simple recipes is both fun and beneficial. We have some new faces join the cooking team, with the roll over of new classes of Year 7's and 8's. Special thanks to the school officers, Andrea Gower and Michelle Haines, for the wonderful job they do in mentoring and inspiring the students to try their very best at all times, and a big shout out to Chef Serena Gallo, for all her hard work in ordering the stock for the weekly cooking practicals. I would like to encourage the students to put more effort into completing their theory assignments, as this is just as important as the practical skills they learn in the kitchen.



Mr Marcello Cecchi



Year 11 & 12 Certificate II Kitchen Operations SIT20416 (TAFE QLD 0275) Report

The Year 11 and 12 Kitchen operations students are really starting to shine in the Certificate 2 Kitchen Operations course as the year progresses. The students are being proactive and attending the tutoring sessions on the Wednesday evenings, with the result that a lot of them have completed more than half of the theory required for the year. Chef Steven Gould has been teaching the class how to make basic soups, stock, and sauces this Term, and is currently covering the basic methods of cookery with the class, where the students are learning 'hands on', life long skills that will be invaluable for their future.

A special thank you to Kerry McKay for her help in facilitating the learning in the practical lessons and Sonya Frost, for her help in getting the students to the tutoring sessions.



Year 9 Geography Report

9A Geography Farm Excursion

This term we have been studying Biomes and how humans interact with their natural environment. As part of this unit, we visited a commercial Avocado Farm to speak with the farmer about how he manages his land. We wanted to find out about how farmers manage the soil, water, sun and pests to get the most out of their crops, but also how they balance this with the natural environment. A very informative and fun afternoon was enjoyed by all, but most especially the chance to pick ourselves some avocados fresh from the trees! A big thank you to Mr Mark Toohey for hosting us on his farm!



Ms Louise Kimber



PENINSULA CROSS COUNTRY

On Friday the 28th of May, the Mount St Bernard cross country team took part in the Peninsula Boys and Girls Cross Country Championships at Trinity Anglican School in White Rock, Cairns. It is not every day that you get to compete with the best cross country runners in Far North Queensland and one thing is for sure, it was a very competitive race with committed fulltime athletes. Athena Cecchi finished 6th and Mairee Pryce finished 15th, giving it their very best on the day. It was a learning curve for the two runners, highlighting the fact that without a proper training schedule and coming to the race day with a ‘big match temperament’ attitude, it is hard to take on the best. We will look at getting a school cross country team up and running in the future, with regular early morning trainings so we can improve on our results this year. Special thanks to Ryan Mawdsley for taking care of all the many logistics and administration work pertaining to these events





The College Parents & Friends Association is looking for Parents or Carers to join in 2021. We would welcome your ideas and involvement in the college community. To register your interest please email: hobrien1@cns.catholic.edu.au or phone Hillary O'Brien on Ph: 4096 1485

Upcoming Events 2021

Term 3

Wed 7 June - Year's 7 & 8 Reader's Cup Competition Cairns SHS
Fri 11 June - MSB Disco - Fundraiser "Red for Rosie's" Theme 7 - 9pm
Thu 17 June - MSB Creative Arts Showcase 6 - 7.30pm Convent Courtyard
Mon 21 - Fri 25 June - Year 10 Work Experience
Thu 24 June - End of Term 2 @ 3pm
Fri 25 June - Boarders Travel Day home
Fri 25 June - Mon 19 July - School Holidays

Term 3

Mon 19 July - Boarders Travel Day to school
Tue 20 July - All classes commence Term 3

Catholic Education Week
25-31 July 2021
catholiceducationweek.com.au

UNITY THROUGH MUSIC

SAT JUNE 5 2021

ATHERTON



Family Afternoon & Reconciliation Concert MERRILAND HALL

Family afternoon 'free entry' from 2pm til 5pm
Art, Games Facepainting and lots more..
Welcome to Country ceremony 5:30pm
Concert \$10 ticket entry • 6:30pm til midnight
Bands: KOAHLITION - NO REQUESTS - FROGGY Le BLANC

Food Available • Bar open from 6pm
Concert Booking > bit.ly/unityinmusic



Team Momentum

Momentum Mini's
Tuesday, Wednesday & Friday
9.45-10.30am
info@momentumgymnastics.com.au

Gymnastics
Classes for all
ages. Free
Trial Sessions
available

Atherton
Showgrounds
Cnr Robert &
Louise Streets

Gymfun Boys & MAG Boys

Monday & Tuesday
3.30pm - 5.00pm

BOOK IN FOR A
FREE TRIAL SESSION

Get Moving with Momentum
Atherton Showgrounds
Corner Robert & Louise Streets
info@momentumgymnastics.com.au

Gymfit Adults
Thursday
6.00-7.00pm
Gymnastics Skills, Core, Balance & Conditioning
in a Super fun environment.
BOOK IN FOR A FREE TRIAL
Gymnastics isn't just for youngsters, it's for everyone!

BOOK IN
TODAY
4091 2114