



Menu Term 4 Week 1

Commencing Wednesday 7 October 2020

BREAKFAST Whole Grain Cereal, Oats, Fruit, Orange Juice, Water, Full-Cream Milk, Milo, Toast Fruit & Toast w/ spreads

MORNING TEA

Coffee Creamed Bun & Fruit

LUNCH

Vietnamese Beef Salad w/ Fruit

AFTERNOON TEA

Chefs Selection

DINNER

Pork Fried Rice

SUPPER

Chef's Selection



THURSDAY 8 October 2020

BREAKFAST

Whole Grain Cereal, Oats, Fruit, Orange Juice, Water,
Full-Cream Milk, Milo, Toast Fruit & Toast w/ spreads

MORNING TEA

Bacon & Cheese Cob Slice & Fruit

LUNCH

Adobo Pork Salad & Fruit

AFTERNOON TEA

Chef's Selection

DINNER

Rosemary, Garlic & Lemon Lamb Chops w/ Vegetable Gratin

SUPPER

Chef's Selection



FRIDAY 9 October 2020

BREAKFAST

Whole Grain Cereal, Oats, Fruit, Orange Juice, Water,
Full-Cream Milk, Milo, Toast Fruit & Toast w/ spreads

MORNING TEA

Cream & Jam Donut & Fruit

LUNCH

Naidoc Lunch

AFTERNOON TEA

Chef's Selection

DINNER

Chef's selection

SUPPER

Chef's Selection



SATURDAY 10 October 2020



BREAKFAST

Whole Grain Cereal, Oats, Fruit, Orange Juice, Water,

Full-Cream Milk, Milo, Toast Fruit & Toast w/ spreads

LUNCH

Works Burger & Salad

DINNER

Chicken Schnitzel & Potato Salad

SUPPER

Cookies





SUNDAY 11 October 2020

BREAKFAST

Whole Grain Cereal, Oats, Fruit, Orange Juice, Water, Full-Cream Milk, Milo, Toast
Fruit & Toast w/ spreads

LUNCH

Chicken Baguettes & Salad

DINNER

Beef PASTA Bake & Herb Bread

SUPPER

Chef's Selection

