MSB Messenger





Mr Ian Margetts

Principal

Principal's Report

Dear Parents, Carers and the greater community,

For nearly 12 months the College has looked at reviewing strategic directions planning and the like to help provide clear direction for the Mount St Bernard College community.

We began asking 4 simple questions:

1. What do we do?

4th September 2020

- 2. How do we do it?
- 3. Whom do we do it for?
- 4. What value are we bringing?



We then reflected on, does our documentation (eg Vision statement) reflect this? In this process we discovered that we had the 'long' view in our Vision Statement, and we have our Mercy values, but perhaps we needed to articulate how we enact the 'vision'. This has been done through the development of a Mission statement.

VISION	Drawing our inspiration from the Gospel of Jesus and the Mercy Tradition, we empower young people through our commitment to education to become persons of faith, learning and hope, and so contribute to their communities.	No change
MISSION	 We enact our vision by: Providing a quality, contemporary Catholic co-educational day school and boarding facility for Years 7-12 Providing opportunities to grow in faith through communal celebration and outreach Providing stimulating, responsive, and engaging learning opportunities through quality teaching to enable students to achieve their individual personal best Working in partnership with families and communities Fostering safe and respectful day school and residential environments where everyone is valued and respected Nurturing the growth, wellbeing, and relationships of all members of our College community 	NEW
MERCY VALUES	Community – living and giving gracious hospitality in the spirit of family, being inclusive and valuing diversity Mercy – acting justly with a compassionate heart Respect – valuing self, others, environment, and the purpose of a wholistic education, Excellence – striving towards personal best, and Wisdom – gaining life enhancing knowledge and skills.	No change

Various consultation processes have occurred and last week the College Board endorsed the final version. Other planning that has been ongoing and will continue includes Strategic Planning, Systematic Maintenance Planning and Master Planning. Thank you to all involved in this work, it is so very important to not just sustain the College but for its future growth and development.







MSB Boarding Ready Welcome 2020 Mount St Bernard College



MSB Boarding Ready School Facilities 2020 Mount St Bernard College



MSB Boarding Ready Student Support 2020 Mount St Bernard College



MSB Boarding Ready School Lingo 2020 Mount St Bernard College



MSB Boarding Ready Weekend Fun 2020 Mount St Bernard College



MSB Boarding Ready Daily Routine 2020 Mount St Bernard College



MSB Boarding Ready What To Pack 2020 Mount St Bernard College



MSB Boarding Ready Girls Dorm 2020 Mount St Bernard College

Assistant Principal Student Wellbeing Report

This week the College released it's 'Boarding Readiness' series that can be

accessed via the College Youtube channel. The College has a clear agenda to

support remote communities in preparing students for boarding school. This, along with our 'Transition Dorm' where community primary schools can come

and experience boarding life, is aimed at helping to develop the capacity of

young remote people to have a successful transition into boarding life. We believe that a successful transition will lead to increased retention and conse-

Once students make a successful transition to boarding the results can be amazing! Recent data based on NAPLAN, suggested the growth of our students from Year 7 to Year 9 (2019) was outstanding. Mount St Bernard

It is also about personal growth too. Just in the last two weeks Mount St Ber-

quently greater outcomes for all boarding students.

ranked 39 out of 475 secondary schools in Queensland.

- Year 9 Expedition

- Year 11 First Aid

Ian Margetts

College Principal

nard College students have been involved in events such as;

We look forward to students enjoying the opportunities of the next

- BLA Youth and Careers Expo (all years 10-12)

- Cert II Rural Operations block training

couple of weeks, the last couple of weeks of Term 3.

Conflict is part of all of our lives. Clashes, struggles, rivalry, strife, disagreement, disturbance, opposition, discord. It happens and it is a part of the lives of youth. There can be conflict between them, or conflict over something. It can be because they have different needs, or the same needs, or when there's too little of something to go around and everyone wants it. Common ways youth respond to conflict include arguing, physical aggression and passive responses like backing off or avoiding one another or trying to get back at someone on technology devices.



Mr Dan Niemerg

At school we try to use Restorative Practice to try and teach students a better way of managing their conflict. Students don't have to like everyone. They don't have to get along with everyone. But, they do have to show respect to everyone. Sometimes when relationships break down students need extra support to try and repair them. We always offer an option to support the students to have a restorative meeting to teach students the process to resolve conflict. This is a skill that will support them all through their life.



Students need skills to understand the need to cooperate and to handle their emotions. They need to have empathy and respect for others. Communication is a key skill too to help make all this happen. When students go through a restorative they get to hear and understand how everyone was affected by a situation. They get to talk about their side of the story and have the chance to apologise for the things they did wrong. Often, a good restorative process ends with students shaking hands and consciously moving forward with their differences resolved and making things right.

Mr Dan Niemerg - Assistant Principal Student Wellbeing





Assistant Principal Mission Report



Throwback Thursdays

Check out the hair-dos and fashions over the decades ... some impressive, others we'd rather forget!

Check out the Nuns back then vs. the staff of today ... sharing the same Mercy values across different times!

And no doubt boarders from the past would be envious of the facilities and dining hall menu that today's boarders enjoy!



The MSB Centenary Team (Dcn Michael, Ms. Andrea Gower and Ms. Donna McLauchlan) have teamed up with our MSB Facebook Moderator (Ms. Deborah Booth) to post a weekly segment called *Throwback Thursday* where we will highlight a photo and/or story from the College's past. For our past students/staff and students whose families have longer connections with MSB, *Throwback Thursdays* will be for many past students/staff a weekly trip down Memory Lane or a fascinating discovery. For our current students/staff and families whose journey with MSB is relatively new, *Throwback Thursdays* will be bite-sized glimpses of fascinating people and moments in MSB history. In most cases, these historical titbits will also be parts of the rich history of Herberton.

So check out the MSB Facebook page this Thursday, and every Thursday after that, for MSB's Throwback Thursday.







Deacon Michael Lindsay



Centenary Website-now up and running

After much research, digging up artefacts and photos, meetings with past students, Sisters and staff the MSB Centenary website is now live. Please visit and explore the centenary website via the web address below. It contains the latest information about special events we are hosting to celebrate MSB's centenary as well as a variety of pages of interesting history of MSB.

https://www.msb.qld.edu.au/centenary



There is a section for past students to record their own memories/stories of MSB for us to add to the collection, called **100 Years of Yarns**. You can either record your voice using the embedded voice recorder app or type your memory and press submit. All stories are proof-read before possible selection to be added to the **100 Years of Yarns** page.

Centenary souvenirs/merchandise: once we have finalised negotiations with manufacturers, a page where you can check-out our MSB Centenary merchandise (souvenirs) and purchase them will be added.

Centenary Labyrinth: immortalise your name or your family's name by purchasing a personalised paver for our Centenary Labyrinth project, to be officially opened during the Centenary weekend (24-26 September 2021). To learn more, go to the Labyrinth page on the website.

Please note: the centenary website is still a work in progress and more information will be added as it comes to hand. A few parts of the website still have final details to be added; and I am sure there'll be a typo or two somewhere. We encourage you to re-visit the website from time to time as more is added; and we welcome any feedback around how to improve the centenary website. Just email us your feedback to: msbcentenary@cns.catholic.edu.au

Deacon Michael Lindsay - Assistant Principal Mission

Residential News

Compassionate Travel

We ask in the event that a student is required to travel home due to compassionate reasons that you action the following immediately. Due to restricted flights and availability, as much notice as possible is required. We understand that these things happen unexpectedly and often without notice. The sooner you can have the following arranged and forwarded to us the more likely chance we can meet your request.

The procedure for compassionate travel is as follows:

Please note this is an Abstudy requirement for all compassionate travel requests. No travel can be booked until we (MSB) have this letter.

- As soon as you are aware of a passing where a student is required to travel home to attend the funeral, please arrange a letter on official letterhead from one of the following organisations.
 - Local Council office
 - Liaison Officer within your community / Police support letter
 - A local elder in your community
 - School Principal in your community
 - Health Clinic in your community
 - NOT a letter from you as parent/guardian
- This letter must have three key points
 - The student's name/s who are required to attend the funeral
 - The relationship between the deceased and the student/s
 - State that this student/s are required to attend the funeral

All letters are to be emailed to the Residential email address:

residential@cns.catholic.edu.au

Once the letter has been received, we ask that you call the residential phone number

07 4096 1504, to confirm you have sent the letter. This will ensure we have received it. The request will then be forwarded, with the letter to Abstudy to approve and book transport.

Please note: We cannot request travel until we have this letter.

Name: David Shade

Position: Senior Supervisor

What interests do you have outside of school: Stockcar Racing, fishing, camping, travelling, watching speedway, motorbike riding, 4 wheel driving

How long have you been at MSB: Started February 2014

What do you love about your job: Watching the boys change from questionable

behaviours into great young men just before they leave MSB. A memorable moment: The arrival of my daughter who is now 16 years old. We have a great relationship with similar interests. A funny thing that has happened: The juniors boys were telling each other scary stories one night. They all got scared and ran out into the hallway and jumped onto me all at once.

Your dreams for MSB: To see the boys graduate and hoping the influence I've had on their lives puts them onto a path of great opportunities.

Name: Paul McArthur

Position: Boarding Supervisor

What interests do you have outside of school: I enjoy fishing, gardening and spending time with family and friends.

I have enjoyed incorporating my love for fishing into MSB by taking the boys fishing on the weekends.

During the COVID shutdown I really enjoyed refurbishing the garden beds and orchard at MSB to be enjoyed for

How long have you been at MSB: 4 years

What do you love about your job: Meeting and getting to know all the students and helping them grow into young men.

Learning about the different cultures, and meeting and working along side the great caring colleagues at MSB.

A memorable moment: Meeting my fiancée Michelle which brought me to Herberton and MSB.

A funny thing that has happened: Boarding life and being around the boys always provides amusing times.

Your dreams for MSB: For the day school and boarding school to continue to grow in numbers and to celebrate another 100 years of providing great schooling and employment opportunities to the local areas and those beyond.

www.msb.qld.edu.au

year's ahead.









Weekend Leave

Students can go on weekend leave on any weekend with parent/guardian approval.

Once a term we have a 'student free weekend'. This means students will be transported by the College to Cairns and returning by College bus. Please note, this is not an exit weekend. Students can stay at the College on 'student free weekends.'

On all other weekends, we provide a College bus to take students to Cairns, providing there is enough students to make this viable. On return, students need to take Trans North bus or be dropped off at the College in private vehicle on the Sunday.

We have recently gone electronic with our weekend leave. Some of you may be doing this already and it is working very well. If you would like to do this for future request, please contact Sonya at the Residential office on 07 40961504 to request how to do so.

This is done through an app. on your phone and will save paper, time and can be done at any time as long as you have Wi-Fi. Students can also have the app. on their phones and request travel. Once generated from a student, you as parent/guardian will receive a text message asking you to approve or decline the leave.

We are still, and will always accept paper forms as we understand some communities have limited Wi-Fi etc.

All weekend leave <u>MUST</u> be received by residential office no <u>later than 5pm on the Wednesday</u> before the leave is required. Late weekend leave forms after this time may not be approved.

This is to allow time for administration processes including, rostering staff, other events happening and ensuring we have all processes required in time for the Friday departure.

Please remember these key points when applying for weekend leave:

- Weekend leave form is received no later than 5pm Wednesday before the weekend
 - Students are not to depart school until after 3pm on Friday
- Students must return on Sunday
 - 0 Trans North bus departs Cairns at 4pm to Atherton
 - o This is the bus where staff will travel to Atherton to pick up students
 - o Please see notes below on students returning late
- Ensure the host is on your Childs visitors list
 - o If you need to know who is on the visitors list, please phone the residential office
 - 0 If you require to add someone, please phone the residential office for a form to be emailed to you to action

Students returning later than Sunday

In the event a student does not return on Sunday, please note the following:

- 0 It is up to you as parent/guardian to organise return travel <u>ALL</u> the way to College
- o If a student has not returned to College on Sunday for two weekends throughout the term, this student will not be allowed on weekend leave again for the remaining of that term.
- Where a student needs to return on Monday due to missed bus or other reasons, this student must not take the early bus from Cairns to Atherton on a weekday. Our boarding staff end work at 8.30am and do not come back to work until 2.30pm Mon. to Fri.
- o If your child is returning during the week (Mon. to Fri.) and a staff member is required to pick them up from the Atherton bus stop, you will be charged a fee for our staff to travel 25 mins each way to pick your child up from Atherton.

Please note: The deadline for all weekend leave requests is 5pm Wednesday

Scott Whitters - Assistant Principal - Residential

Let Your Light Shine!



Is a Catholic school right for your child and your family?

- Faith and values based learning environment
- A holistic education academic, spiritual, social, emotional and physical development
- Welcoming, inclusive and familyoriented environment
- High standards of behaviour and respect for self and others
- Safe and caring environment
- Sense of belonging and community
- Nurturing and development of individuals and their abilities
- Quality learning and teaching
- Strong academic reputation
- Broad curriculum and co-curricular options
- Academic, vocational and employment pathways
- Well-resourced and equipped classrooms with full ICT integration
- Development of life-long skills and a love of learning
- Strong links with parents and community
- Commitment to social justice
- Preparation for a life of worth, not merely a life of work

Let's start fresh!

GIRLS & BOYS DAY & BOARDING SCHOOL YEARS 7 - 12

BOOK YOUR PERSONAL TOUR OF THE COLLEGE TODAY WWW.MSB.QLD.EDU.AU PH: 4096 1444

Does my child have to be Catholic?

Your child does not need to be Catholic to enrol at a Catholic school and there has never been a defined percentage of Catholic and non-Catholic students that a school must enrol. In fact, Catholic schools in the Cairns Diocese have large numbers of students from non-Catholic backgrounds and are welcoming to all who seek and support their values.

When should I apply?

Apply now for 2021 - to apply visit http://www.msb.qld.edu.au/documents/enrolment.html

School tours available any time by appointment - contact

Hillary O'Brien at the College by phone – 07 4096 1444 or email <u>msb.enrolments@cns.catholic.edu.au</u>

Are Catholic schools expensive?

Catholic schools remain an affordable option for most families, and Catholic schools in the Cairns Diocese are surprisingly more affordable than some may realise.

Catholic school fees are comparable with, if not less than, kindy fees and compare very favourably with other non-government / private schools in Far North Queensland (and also Catholic schools in some other parts of Australia).

Fee discounts for siblings and country areas apply and there are generous.

There is also automatic fee concessions for those in genuine financial difficulty.

What if I can't afford it?

Don't let this be a barrier. Catholic schools balance the need to charge fees with their historic role of providing access to quality schooling for all. For those who can't afford to pay school fees, discounts and concessions are available so that no child is denied a Catholic education based on their family's financial situation.

BUSINESS & TECHNOLOGIES NEWS

Digital Technology at Lunchtime

A small update from the Business and IT department this month. Some students have decided to take the opportunity at lunchtime to be creative. A group of Year 7 students are producing a video using Minecraft to act out the scenes. They are very proud of their work and we look forward to seeing a completed movie.

Another group enjoy some downtime with competitive online games fighting each other for the title of Champion. Look forward to the next newsletter for the results of the student's efforts this term.

Brendan Akers - Middle Leader Business & Information Technology









HPE NEWS

Our Certificates II in Health Services class this term has been busy conducting a health assessment on students and staff. Students demonstrated the use of health equipment such as a temperature thermometer, height, weight, blood pressure, respiration rate and pulse. These skills as useful now and in the future as they can know assess a persons health.

They also had the opportunity to communicate effectively to students and staff about their knowledge of health and suggest improvements to those individuals. As a teacher of this class I was proud of the way these demonstrated these health skills and the way they conducted themselves during the health assessment in a professional manner.

Mr Ryan Mawdsley









Let Your Light Shine!

MATHS AND SCIENCE NEWS

One of the greatest joys of being a teacher is to 'watch' students develop their knowledge. In the last week I watched year 8 B and C mix borax and yeast with hydrogen peroxide to make a colourful foam then year 11 chemistry students design and develop their own experiments to research a question. The development of skills between year 8 and 11 is truly amazing. The photos below show some of the fun had by our students as they were learning.

Parents are reminded that year 12 students will be doing mock or practice exams for Mathematics General, Mathematics Essential and Biology next week. This will be an opportunity for students to gain an understanding of how much revision and study they will need to do before their actual exams in 8 weeks. Please continue to encourage your child to study each and every night.

Malcolm Fahey - Middle Leader - Maths and Science

From this





To this









ART NEWS

Senior Visual Arts in Practice students have been working on a collaborative art mural for the Health Centre. They have been experimenting this week with designs, researching a variety of artists and learning painting techniques. The canvas will be stretched onto a wood frame and exhibited in the office.

Traylea Sexton - Middle Leader-The Arts





LIVESTREAM LAUNCH: 6pm, Tues, 15 Sept 2020, via the Tanks Arts Centre Facebook page.

Young artists share their creative energy and insights in this annual student exhibition, bursting with innovative, high-quality works that will engage and inspire you.

ENERGY is a presentation of visual art produced by school students across the region. Featuring works submitted to the 2020 Creative Generations Awards, ENERGY presents the best young and emerging artists of our region, and a level of professionalism and maturity well beyond their years. A must-see exhibition, ENERGY opens a window into the astonishing talent of this region's up-and-coming artists.

The launch event will be online only with awards presentations, student interviews and entertainment by selected high school musicians. Tune in via the <u>Tanks Arts Centre</u> Facebook page.

Supported by Ergon Energy, REACH ARTS FNQ, Cairns Regional Council, Tanks Arts Centre, PAEA Peninsula Art Educators Association, Queensland Government.

G More info: info@tanksartscentre.com.au

★ Exhibition dates: Fri 11 Sept - Mon 5 Oct 2020
Open: 9am – 4:30pm Weekdays, 10am – 2pm Weekends
\$ Cost: Free
✓ Venue: Tank 4 Gallery, Tanks Arts Centre, Edge Hill, Cairns





Job Spotlight

Youth Workers assist young people as individuals or groups to solve social, emotional and financial problems in an agency framework and they are also known as Youth Officer or Youth Support Worker. Specialisations include Juvenile Justice Officer, Youth Accommodation Support Worker, Youth Liaison Officer and you usually need a formal qualification in youth work, youth justice, community services, or child, youth, and family intervention to work as a Youth Worker. VET (Vocational Education and Training) and university are both common study pathways

for Youth Workers.

<u>Agricultural Scientists</u> study commercial plants, animals and cultivation techniques to enhance the productivity of farms and agricultural industries and can specialise as an Agronomist. A bachelor degree in agricultural science or another related field is needed to work as an Agricultural Scientist. Many Agricultural Scientists complete postgraduate studies.

QTAC & Tertiary Entry

Australian University ratings & rankings:

https://www.gooduniversitiesguide.com.au/university-ratingsrankings/2021/undergraduate/overall-experience

Registering to receive your ATAR

A reminder that you need to register with QTAC to receive your ATAR result as a separate process to applying to QTAC for course entry in 2021. Visit the <u>QTAC website</u> and click on ATAR and then <u>ATAR Portal</u> and sign up. It is a simple process and you must have your LUI number (get it from school) to register. During the process QTAC will send you a confirmation email with a code you must enter.

Applying for University Scholarships

Even if you think you may not get one, go ahead and apply for a scholarship. What do you have to lose? Scholarships tend to fall into one of the following categories:

- · Academic
- · Equity
- Indigenous
- · Sports
- \cdot Field of study (e.g. engineering, IT)
- International

Every university website has a scholarship web page with details about the scholarships available, the value of the scholarship, the selection criteria and the application process.

Vet News

Explore Courses with TAFE Queensland

Not sure what course is right for you?myPROFILERfrom TAFEQueensland could help find some great op-tions.https://myprofiler.tafeqld.edu.au/

Better understand the advantages of a VET pathway after school

The Skills and Thrills Digital Parents Showcase is now available. The 25 minute video was created to highlight VET and the success stories resulting from VET pathways. The Digital Parents Showcase will help you, and in particular parents, to better understand vocational pathways, including apprenticeships/traineeships and school-based apprenticeships/ traineeships and give you the knowledge needed to help make informed career choices. Click <u>https://</u> www.skillsone.com.au/category/skills-thrills/ to register.

Local Apprenticeship Opportunities

Apprentice Bricklayer | Malanda

Seeking keen junior to commence work with local blocklayer. A first year apprenticeship is on offer to a local junior person who is not afraid of hard work.

Contact Mr Wayne Cardew on 0429 357 264

Also see the Employment padlet on the School Portal https://padlet.com/pthreading/xs4ww69sfg5g

JUST RELEASED - FREE TAFE FOR YEAR 12 GRADUATES! QUALIFICATIONS:



SPIRITED LEARNING

BUILDING FUTURES

www.msb.qld.edu.au

MERCY TRADITIONS

YEAR 12 FORMAL TICKETS ON SALE FROM MONDAY 7TH SEPTEMBER - \$50 EACH

PLEASE CALL STUDENT RECEPTION ON PH: 40 961 445 TO PAY BY PHONE OR CALL INTO FRONT OFFICE DURING BUSINESS HOUR

SAVE THE DATES - IMPORTANT DATES IN 2020 Term 3 2020

Fri 4 Sept (Week 8) - Student Free Day for QCAA Confirmation Process Day

Fri 4 - Sun 6 Sept (Week 8) - Boarders Leave Weekend

Thurs 17 Sept (Week 10) - Term 3 ends at 3pm

Fri 18 Sept (Week 10) - Boarders Travel day home—MSB Office closes for School holidays

<u>Term 4 2020</u>

Mon 5 Oct (Week 1) - Queen's Birthday Public Holiday

Tues 6 Oct (Week 1) - Boarders Travel day to college—MSB Office reopens

Wed 7 Oct (Week 1) - All classes commence Term 4



Well Women's Clinics - (These clinics are available to Medicare eligible clients)Service includes Cervical Screening Tests (Pap Smears), Sexual Health Screening, Breast Awareness, also info on
Contraception, Continence, Menopause, Lifestyle Issues, Bowel Health, Domestic Violence, etc.All services are provided by a specially trained Women's Health Nurse.Atherton Health CentreTuesday 22nd SeptemberPh: 4091 0263Malanda Health CentreWednesday 23rd SeptemberPh: 4096 5339



Family stress is real.

Especially when your kids need you in so many ways.

We will work with you to support you to: Find ways to build stronger family relationships:

- Find ways to help you cope with stress;
- Help access services for your child;
 - Connect with local services;
- Help you with anything else that may worry you. Because when we work together, we're better together.

Connect with us on: Community Services Tablelands, 1 Main St, Atherton Ph: 4091 3850 www.cst.org.au CommunityServicesTablelands



🕈 In the MercyTradition

Let Your Light Shine!