



Mr Ian Margetts
Principal

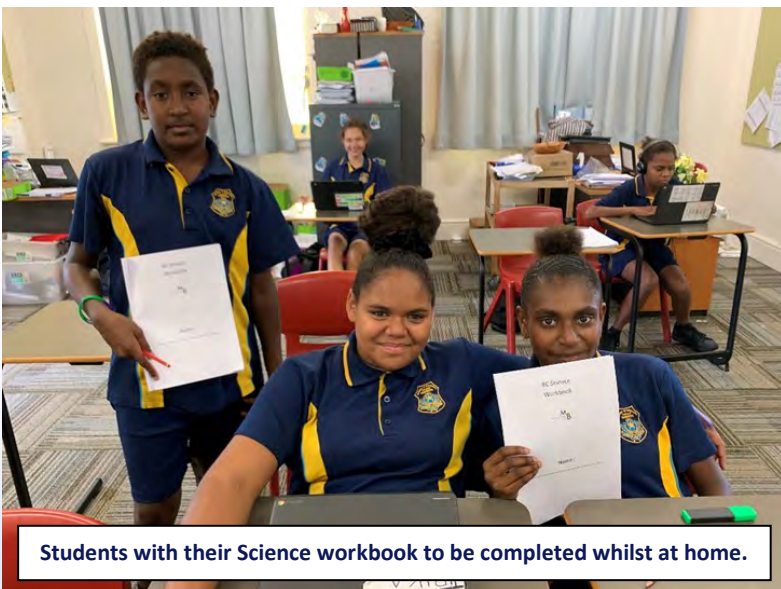
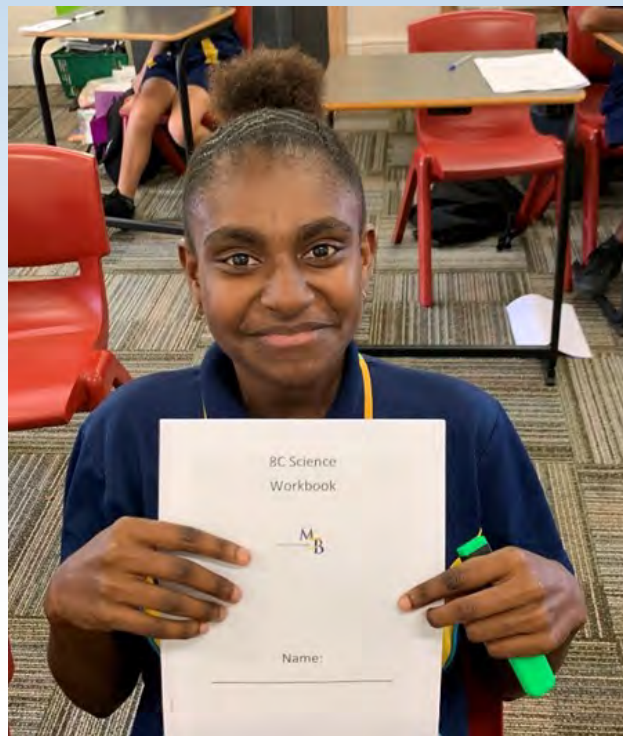
20th March 2020

Principal's Report

Dear Parents and Carers,

The last two weeks has certainly been a testing time. Our College, both day and boarding, is following the Federal and State governments advice to remain open and we will continue to provide tuition. This said, we understand that many of our boarding families are a long way away which can cause increased anxiety and worry for their children's health and so are working with our boarding families to amend travel arrangements so that those that wish their child to return to community early can do so.

Teachers at Mount St Bernard College are committed to providing learning opportunities for boarders that have returned home early or day students who are absent. All boarders who return to community will have work to complete for each learning area. Most staff are choosing to prepare booklets for each subject unless they know that all students in the class have internet and computer access. We ask parents to support with this to help ensure the students do not fall behind. I would like to acknowledge and thank staff who have worked hard in a short pace of time to ensure the students can continue their learning journey.



Students with their Science workbook to be completed whilst at home.

The boarders return travel for Term 2 at this stage remains as planned. Term commences on 21st April with 20th April as the designated travel day. We ask boarding parents to advise the College if their child is not returning at this time. The College will then contact ABSTUDY to advise them of the change of travel. Failure to do this will result in a 'no-show' and could incur a financial penalty from ABSTUDY.

Due to the key strategy of social isolation to reduce the spread of the virus, Bishop James has advised the celebration of Mass on Sundays (including the Saturday vigil) is suspended with immediate effect and until further notice, and all the faithful are dispensed from the Sunday obligation.

PROJECT COMPASSION UPDATE

PROJECT COMPASSION - MSB students, staff and community members have helped raise \$1130 so far. Donations can be made at the college reception. Thank you to all who have supported this worthy cause.

[#msb](#) [#letyourlightshine](#) [#projectcompassion2020](#)

PRAYER

God of all peoples and nations,
As you accompany us on
our Lenten journey,
May our fasting strengthen our
commitment to live in solidarity,
Our almsgiving be an act of justice,
And our prayers anchor us
in love and compassion.
Awaken our hearts and minds that
we may be one human family
As we all go further together.
We ask this in Jesus' name,
Amen

**PROJECT
COMPASSION**
GO FURTHER TOGETHER
Caritas
LENT.CARITAS.ORG.AU



Bishop James also advises that there is an ecumenical prayer from the National Council of Churches, who have invited all of us to pray this prayer at 7pm each day.

Gracious God,

We give thanks anew for your providence and presence.

We prayerfully seek your grace, amidst COVID-19 here and overseas.

We pray for those in need of healing.

We pray for your peace with those who are anxious or grieving.

We pray you will continue to strengthen and sustain

all those who are serving in response.

We pray for your Holy Spirit's discernment

amidst the many choices and decisions

facing our national, community and medical leaders.

We pray we each might see quickly what more we can do

to help those who are vulnerable.

This prayer for our nation in the family of nations,

with all that is on our hearts,

we gather now and pray

through Jesus Christ our Lord.

Amen.

Ian Margetts - College Principal



PUBLIC - Communications to parents, information links and public resources

One central point of truth exists on the Catholic Education website:

www.cns.catholic.edu.au/coronavirus

Effective hand hygiene is vital

As the coronavirus (COVID-19) continues to evolve, it is important to remember that effective hand and sneeze/cough hygiene is the best defence against viruses and can help prevent the spread of illness.

Lead by example and encourage your children to:

wash their hands regularly with soap and water, before and after eating, and after going to the toilet

use alcohol-based hand sanitiser if soap is not available

cover coughs and sneezes with a tissue or the inside of their elbow

dispose of tissues in the bin immediately

if they're unwell, stay at home and avoid contact with others such as touching, kissing or hugging.

Check out the **20 second routine** (<https://www.youtube.com/watch?v=NpmB80pWUsk&feature=youtu.be>) video for effective handwashing. You can find this and other helpful videos and resources at www.cns.catholic.edu.au/coronavirus

Assistant Principal - Student Wellbeing Report

I hear students complain about teasing at various times around the Wellbeing space and I think there needs to be clarification around what is teasing. Students need to understand the difference between teasing and taunting. Teasing is actually a benign act between friends not intended to cause hurt or harm and is done in a light hearted way with both parties involved able to switch roles easily. Teasing is not bullying. Taunting on the other hand is intended to cause harm. It is a one-sided, malicious and cruel act. Teasing is a normal part of healthy relationships while taunting and bullying has no place at MSB.



Mr Dan Niemerg

It's important that if students are feeling like they are being taunted and bullied that they know how to deal with it the MSB way.

- 1. Ignore. 2. Talk nice. 3. Talk firm. 4. Walk away. 5. Tell an adult.

So let's remember: We have up to 170 students at MSB. Students don't have to like everyone. They don't have to be friends with everyone.



MSB has a school counsellor that works 5 days a week. Students are free to speak with a counsellor for a variety of reasons and parents are able to talk with the counsellor or seek support or advice anytime they like. Some of the things our counsellor deals with includes friendship issues, bullying, sadness, worry, family issues, stress, self-harm, anger, home sickness, difficulties in class and in completing school work.

Our school counsellor is Kerri Hobson and she works together with students, families, teachers, school nurse, doctors and other external services to support students in overcoming social or emotional barriers to their learning.



Dan Niemerg - Assistant Principal - Student Wellbeing

Deputy Principal - Curriculum & Administration

Community members,

Please be advised that **2020 NAPLAN** (May) and **Coordinated Practice Test (CPT)** on Monday 23 March **will not proceed** this year due to the impacts of COVID-19 and the need to support school communities and the wellbeing of school leaders, staff and students.

Further advice will be communicated as it becomes available, however I would like to acknowledge the significant efforts made by all staff in their preparations for NAPLAN Online, especially under challenging circumstances.

If you have any queries or concerns surrounding NAPLAN Testing, please don't hesitate to contact the college.

Sincerely,

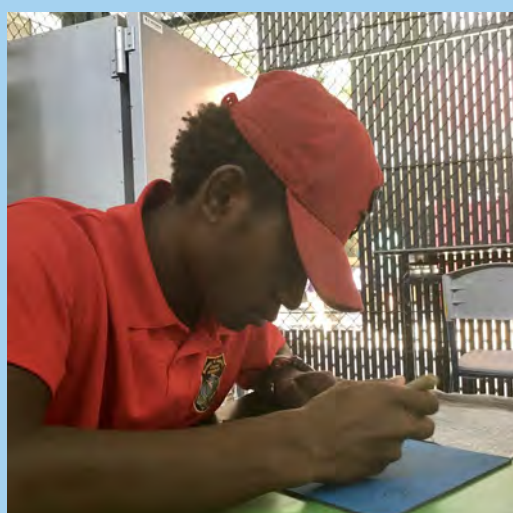
Mr Matt Brauer.



Mr Matt Brauer

ART NEWS from Ms Tray

Year 8 B are working on their lino-prints this term as part of a unit called 'Self-Portraits'.



Protective Behaviours



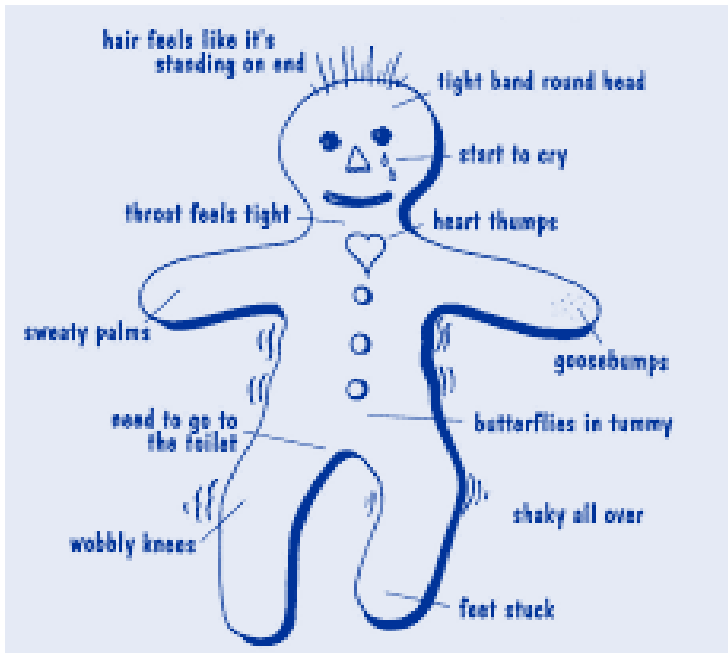
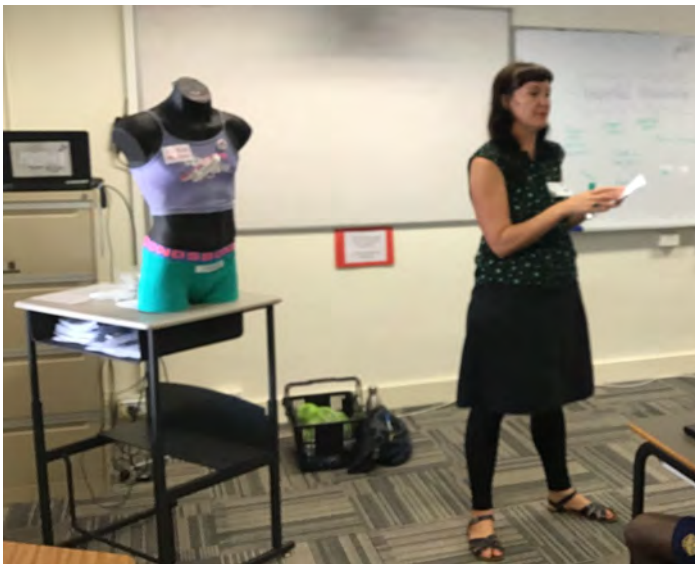
- ◆ What is "Consent"?
- ◆ What is "Personal Space"?
- ◆ How do we protect ourselves and say "No" when we don't like what someone is doing?

These any many more questions were discussed with Year 8 students during sessions conducted by Tracey, a presenter from TSAS this week. TSAS is an organisation based in Atherton which aims to educate and support the wider community in relation to sexually related violence.



Students were supported during the discussion by members of the MSB Wellbeing Team, Counsellor Kerri and Nurse Stef.

Talk with your children about what they learned. When we all work together in educating our children about respect and positive relationship choices we can build a safer future.



NUMERACY

Each year a group of teachers reviews the student data to determine strategies to help our students grow in numeracy. For the past five years our students have achieved growth in numeracy beyond the national growth. Our goal is to continue this outstanding trend. To this end, we have introduced two new strategies in 2020. The first is a school wide problem solving program called FISH. The second strategy is the introduction of numeracy blocks in years 7 and 8. These focused sessions allow teachers to closely review each child's abilities across a range of topic related to numeracy. The photos below show the year 7 students working through a set of numeracy based activities.

Mr Malcolm Fahey— MiddleLeader - Mathematics



“Plastic products have become part of our everyday lives, providing many positive benefits to society. However, with increases in population and consumption, the reliance on plastic has grown exponentially, particularly in convenience and single-use plastic products.

Plastic pollution is a growing problem and when it ends up in the wrong place, it can negatively impact the health of our communities, our environment and wildlife.

More and more we are seeing the impacts of plastic pollution, locally and across the world, and everyone will have a role to play in tackling plastic waste.” Plastic pollution reduction website, Qld Govt 2020

On the 2nd of March, Year 10 students, accompanied by MSB staff, travelled to Cairns to support the **No Straws Campaign** as part of their studies for Humanities, researching the impact of humans on the environment. We had an opportunity to travel to Fitzroy Island to visit the Turtle Rehabilitation project on the island, but time did not permit us to follow up that option. Perhaps next year..

Students interviewed venues along the Esplanade of Cairns, and collected straws (and other pieces of plastic), that had the potential of being found in the water ways, and more dangerously, in and around local wildlife and ocean creatures.

Essential to Humanities Studies, is data management and delivery, and their assignment is to present their findings in **a meaningful way that affects future generations**.

We look forward to seeing how our students can make a difference for our environment and wildlife, too.

Julia Cazita-Mazeaud—Teacher



NO STRAWS CAMPAIGN



Students said:

- ⇒ “Besides straws, we found other bits of plastic pollution.. and ...some of the businesses didn’t even know about the campaign!!?”
- ⇒ “We just bought some rubbish from Macca’s shop.”
- ⇒ “Don’t you think it’s a bit warm to exercise?”
- ⇒ “Muddies even has a mosaic to remind us of the ocean.”
- ⇒ “What’s Bocce?” “Why is it so hot down here??”
- ⇒ “Hey, Look! We found another use for straws! Drumsticks!”

Mount St Bernard College Awards

Deputy Principal's "Spirited Learner" Merit Award for displaying exemplary learning behaviours in the classroom: Questioning, Thinking, Creating Meaning, Reflecting and Showing Determination and Self-awareness

Mahalia Jones – for displaying her ability, motivation and determination to be a "spirited learner"

Kurt Smith - for consistently following instructions in the classroom and working diligently in after school study to complete his assignments

Samaka Bowie-Mudu – for consistently showing excellent learning qualities

Mathias Young – for showing resilience and real effort in class, especially in English and Maths

Lataia Petersen – for remaining focussed throughout her lessons, displaying a genuine need to understand the concepts being taught and being a fantastic role model for her peers

Peter Bob – for always being focussed, ignoring distractions, showing whole body listening, taking responsibility for his own learning and being a fantastic role model for his peers

Gidieon Larry & Heidi Luke – for perseverance and independent problem solving with their Photoshop project, skills development and tutoring their peers during Boarding study

Kurt Smith – for gaining confidence and staying on task in English, Maths and History

Tia Dewley-Crane – for working tirelessly to improve her writing skills, continuing to seek support to ensure she is achieving her best and finding ways to work in challenging environments

Franklyn Hilla – for consistent effort to complete tasks with quiet determination and using skills he has learnt to enhance his work

Cleon Doughboy – for using opportunities offered to improve his knowledge and understanding of tasks and continuing to build his confidence by taking risks with his learning

Jaukai Dempsey – for focussing and collaborating during class discussions, demonstrating problem solving skills in Maths and showing excellent communication skills in English

Assistant Principal's "Mercy" Award for proudly demonstrating the values of Mercy: Faith, Service, Care and Support

Zoe David-Sabatino – for helping with the fundraisers for Project Compassion this Lenten season, especially the disco and pancake day

Nathan Everett – for adhering to his own standards of honesty and respect, demonstrating understanding of our diverse community and how we are all different. He is courteous to staff and students alike and does not get drawn into negativity or disrespectful encounters

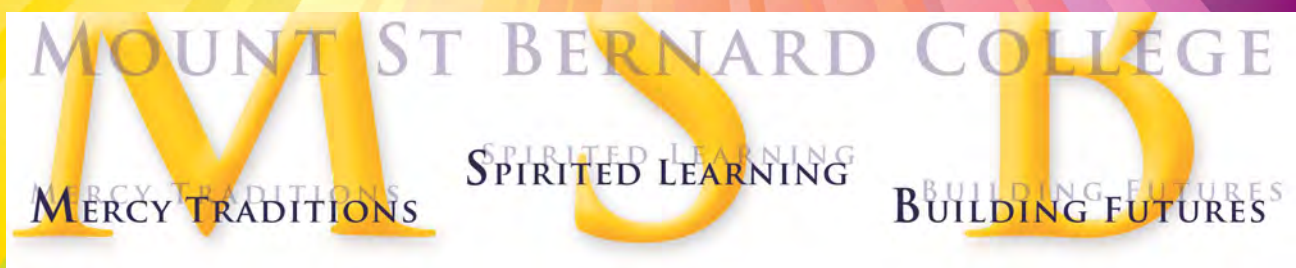
Jorgie Ward – for completing her work and readily, competently and happily assisting others in the class with their tasks

Jilayaha & Jamieka Tilmouth – for making a strong effort in helping others, finishing work and making friendships since arriving at MSB

Nahema Nelson – for showing kindness and caring values to other students

Shalira Clark – for working persistently to the best of her ability, using feedback to improve her literacy skills, showing respect to all class members and presenting work with good visual creative skills

Hamish Burnett – for providing support to other students, especially assisting a younger student at the Cross Country



BLA JCU Health Careers Breakfast

Five Year 12 students had the opportunity to hear first-hand from a panel of health professionals about their career pathways and passions. The BLA/JCU Health Careers Breakfast held at Rydges Hotel in Cairns was hosted by ex-MSB student Cameron Murphy. Tanisha Vincent, Jessica Gagai, Chelsea Petersen, Shakana Dempsey and Sherri Yeatman are currently studying Health through a VET pathway at MSB. Attendance at the event helped them gain a better understanding of the options available to them

Ms Jenny Rossiter—Teacher



SPORTING TRIALS FOR PENINSULA & DISTRICT POSTPONED

SPORTS NEWS

MSB Cross Country:

On Thursday 5th March the whole school participated in the annual Cross Country event. A sea of Flynn, Rush and Power colours flooded the top oval as the students were filled with enthusiasm and excitement before their race. It was great to see all students trying their best and running to their full potential towards the finishing line. A wonderful afternoon with plenty of laughter, smiles, sweaty armpits and exhausted students till the end.

Thank you to all the students for their involvement as well as the staff and parents who were an integral part in the overall success of the day.



Mr Ryan Mawdsley



Students account of Cross-Country Day:

"I was looking forward to this years cross country because I was came really close last year to breaking the school record. During the run I felt lonely as their was nobody in sight until I made it to the teachers checkpoint, at one point I thought I was on the wrong path since I couldn't hear or see anyone until one of the teachers points came up. I was really grateful that after the run there were icy cups for sale. I also believe that 'Flynn the Flawless' won this years cross country". - Jessica Clauss

"It was a good walk around Herberton streets to see the sights, crossing the water and climbing hills. I find it quite nice to reflect on things about life and also talking to other students as they walked by. I almost finished the 3km course though ran out of time. In my final year I hope to complete the course next year". - Denison Hilla

"It was a pretty hot day for running". - Ashley Mudu

"I came first for the open age group beating Timmothy 2nd and Zach Christie 3rd. We had to run 6km which means two laps of the 3km course. I remember the first lap was easy though the second lap was really hard as I was feeling so tired. I kept running and finished first. I can't wait for district cross-country at Tinaburra". - Yarus Blanket

RESULTS	Females			Males		
	1st	2nd	3rd	1st	2nd	3rd
12 Yr. Old.	Meena Riber	Caitlin Murray	Megan Trezise	Denzel Leo	Jai Logan	Griffin Banu
13 Yr. Old.	Donnelle Holness	Sanome Harris	Jorgie Ward	Peter Bob	Isaiah Yam	Zahdein Pearson
14 Yr. Old.	April Mooka	Pele Lui	Tamara Kelly	Samuel Harold	Lashsade Sailor-Mosby	Jack Sharkey
15 Yr. Old.	Ellie Ward	Simona Harry	Lileena Ahfat	Kelston Mudu	Jimmy Billy	Kurt Smith
16 Yr. Old.	Jessica Clauss	Teline-Anise Harris	Tiarnie Dorante	Ethan Burnett	Nelson Bob	Kevin Maitie
Opens	Ashely Mudu	Des-Ziair Shorey-Collins	Zoe David-Sabatino	Yarus Blanket	Timmothy Lyall	Zachary Christie

PENINSULA RUGBY LEAGUE TRIALS

On the 10th March, Gidieon Larry, Quency Babia, Nathan Everett and Cleon Doughboy competed in the U15 & U18 Peninsula Trials for Rugby League at Jones Park, Cairns.

Congratulations to Gidieon Larry for being selected to represent the U18 Peninsula team at the State Championships to be held at a later date.

On the 9th March our U15 & U18 girls competed in the Peninsula Rugby League Trials at Jones Park in Cairns. The U15 girls who competed were: Rose Mene, Micfreda Kiwat, Pele Lui, Millianna Whap, Sannah Pearson, Lizikerah Luffman and the U16 girls were: Daliah Pearson, Zoe David-Sabitino, Jessica Gagai, Jacinta Lyall, Nahema Nelson, Desphina Tomsana, Anita Richard, Ashley Mudu, Janasie Bani and Taree Manuel.

Congratulations to Micfreda and Ashley who have been selected to represent Peninsula at the State Championships to be held at a later date.



From the Wellbeing corner – Glen Hussey

The end of February and the beginning of March, saw the culmination of rugby training for both the girls and the boys. The initial district trials resulted in 18 girls and 4 boys being selected for the next level, Peninsula trials. Whilst at the district trials, our girls competed in the Karyn Murphy cup, and our senior girls went undefeated, and then progressed into this cup further, to represent the Tablelands, in Cairns in March. The competed very well in this competition, showing true grit and commitment. The final winner in a tough contest with Tagai, was Cassowary Coast. Both finalists have extensive years in rugby league program, with the majority of the Cassowary Coast team playing together in club level. This holds great hopes for MSB, as with more time, and resources, our results will show.





The College Parents & Friends Association is looking for parents or carers to join in 2020.
We would welcome your ideas and involvement in the college community. To register
your interest please email: hobrien1@cns.catholic.edu.au

OR IF INTERESTED, PLEASE RING HILLARY O'BRIEN ON PH: 4096 1485

Upcoming Events 2020

Tues 24 March - 2021 Centenary Planning Meeting -
College Boardroom @ 6.30pm

Please rsvp by email
msbcentenary@cns.catholic.edu.au
or phone 4096 1444

Fri 3 April - MSB Office Closes for Easter Holidays



Centenary 2021

PLANNING MEETING

DATE: TUESDAY 24TH
MARCH

TIME: 6.30 PM

VENUE: MOUNT ST BERNARD
COLLEGE BOARDROOM

ALL WELCOME

PLEASE RSVP BY EMAIL
MSBCENTENARY@CNS.CATHOLIC.EDU.AU OR

PHONE COLLEGE 4096 1444



VOLUNTEER @ MSB

Community Volunteers

Please phone or email if you are able to assist students
at home and in your community with school work.



We appreciate your support in continuity
of educating our students.

Please email dbooth@cns.catholic.edu.au or
phone 4096 1444 to discuss.

"How wonderful it is that nobody
need wait a single moment before
beginning to improve the world"

- Anne Frank

NOW OPEN!

QUEENSLAND ABORIGINAL AND
TORRES STRAIT ISLANDER FOUNDATION

2020 CREATIVE ARTS COMPETITION

CALLING ALL QUEENSLAND YEAR 7 - 12 ABORIGINAL AND TORRES STRAIT ISLANDER

Artists ~~Musicians~~ Storytellers Videographers
Photographers Dancers Poets PERFORMERS

Would you like to showcase your talents to the wider Queensland community, share your pride
in our Aboriginal and Torres Strait Islander Cultures and have the chance to win some great
prizes sponsored by Flight Centre Australia?

Create a creative arts piece that relates to either:

In This Together
(Reconciliation Week 2020 theme)

OR

Always Was, Always Will Be
(NAIDOC Week 2020 theme)

Please send a high resolution image (not the original artwork), recording, video (5 min max) or
email of your artistic piece and permission form to: enquiries@qatsif.org.au or
QATSIF 2/301 Water Street, FORTITUDE VALLEY, QLD, 4006.

COMPETITION CLOSSES 5PM FRIDAY 8 MAY.