For more information:


If you wish to discuss your child’s SET Plan in more detail, please contact:

- Mrs Josie Lowerson, Senior Co-Ordinator
- Mrs Janine Conolly, Guidance Counsellor
What is the Senior Education and Training (SET) Plan?

The SET Plan is designed to identify your child’s strengths, interests and career goals. It will help them to choose a program of study and/or training in the senior years. At Mount St Bernard College, activities related to the SET Plan occur through years 8 to 12, however, the Plan is documented in year 10. The Plan is flexible allowing changes to be made during the Senior Phase of Learning.

The SET Plan is a process involving four phases.

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<th>Phase</th>
<th>School Activities</th>
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| 1. Self-Discovery Phase – Making connections | • Discover personal strengths, interests, areas in which you need to improve in relation to career planning  
• Improve study skills and time management | • Personality/career interest questionnaires  
• The Job Guide  
• [www.myfuture.edu.au](http://www.myfuture.edu.au) | • Assist your child to recognise their personal strengths, to set goals and to manage their time effectively  
• Encourage them to develop valued personal skills such as: being responsible, respecting others, making choices, working in a team, leadership |
| 2. Investigative Phase – Exploring the Options | • Learn about the world of work, further education and training options – university, TAFE, apprenticeships, traineeships | • Careers Days and Expos  
• Industry visits, Guest speakers  
• Work Experience  
• Senior Subject information and Vocational Education and Training (VET) information  
• The Job Guide  
• QTAC Tertiary prerequisites booklet  
• [www.myfuture.edu.au](http://www.myfuture.edu.au) | • Encourage your child to explore career and work options  
- The Job Guide  
- Newspaper job sections, Career Expos  
- Websites eg. [www.myfuture.edu.au](http://www.myfuture.edu.au)  
- Work Experience, talking to adults in work  
• Help them to discover the education and training requirements needed to achieve her goals  
- subject prerequisites for uni/TAFE  
- [www.newapprenticeships.gov.au](http://www.newapprenticeships.gov.au) |
| 3. Down to Business Phase – Documenting the Plan | • Decide on your career goals  
• Choose your senior subjects, and, Vocational Education and Training (VET) courses  
• Plan a course of education and/or training for the senior years and beyond | • Information session  
• One-on-one interview | • Encourage your child to write down her  
- life and career goals  
- achievements eg. academic, sport, music, arts  
- workplace learning (paid and unpaid)  
• Help them identify  
- different learning pathways to reach their goals  
- areas where they need more information or support |
| 4. The Happening Phase – Implementing and Adapting the Plan | • Start working towards your Plan  
• Review your Plan  
• Revise if necessary | • One-on-one interview  
• Year 11 & 12 Careers program | • Stay involved, if their career goals change her SET Plan will need to be revised |